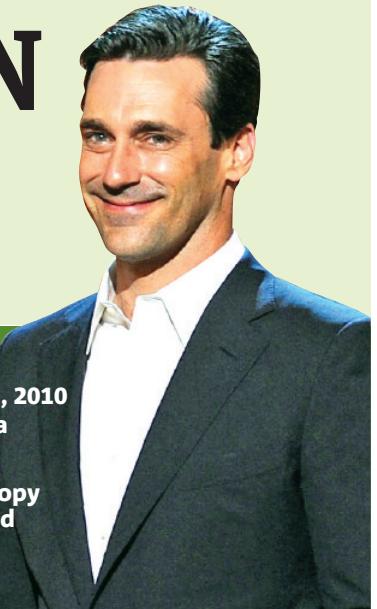




SATURDAY JULY 24 • HALIFAX COMMONS
SEE PAGE 14 FOR DETAILS

MAD MEN JUST WHO IS DON DRAPER? NEW SEASON

{page 14}



HALIFAX

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Wednesday, July 21, 2010
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Dingle Park. Chilling



► Soaking in the sunshine yesterday.

RYAN TAPLIN/METRO HALIFAX

If you can't beat 'em, watch 'em

A lazy summer afternoon is as good a time as any to grab a seat at Dingle Park and watch the kayakers go by on the Northwest Arm — as evidenced by this fellow yesterday.

N.S. to get dose of reality (TV)

Extreme Makeover: Middle Sackville edition? {page 4}

Andrews gets his big chance

Mooseheads centre trying out for Canada's U18 team {page 32}

Just how safe is our city?

- Halifax fifth in StatsCan violent crime severity index
- Small number of cases driving up numbers: Police



ALEX BOUTILIER
HALIFAX@METRONEWS.CA

The severity of crime is decreasing nationwide — but Halifax is bucking the trend.

New Statistics Canada numbers released yesterday reveal the severity of violent crime across Canada decreased by one per cent in 2009, while the severity of non-violent crime decreased by four per cent.

The severity of violent crime in the Halifax Census Metropolitan Area, however, rose by three per cent. Non-violent crime severity increased by one per cent.

Mia Dauvergne, the report's co-author, said while Halifax is above the national average, violent crime here is well below that of



► A K-9 team looks for evidence after a shooting in Dartmouth last June.

most Western CMAs.

Halifax's overall crime rate has decreased by 32 per cent since 2005, and one per cent over the past year. Also, the amount of reported violent and non-violent crimes decreased last

year, by three per cent and 12 per cent, respectively.

Police spokesman Const. Brian Palmeter said a small increase in homicides — five more in 2009 than 2008 — caused the seemingly large percentage spike.

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MacIntosh found guilty

► Businessman convicted 15 years after cases of sex abuse first reported
 ► Trial was first of two MacIntosh is facing, on total of 36 charges



► Ernest MacIntosh is escorted by RCMP at Stanfield International Airport following his deportation from India in 2007.

A former businessman was convicted yesterday of molesting two boys in the 1970s in a case that took more than 15 years to come to trial.

Ernest Fenwick MacIntosh, 67, was found guilty on 13 charges of indecent assault and gross indecency.

Justice Simon MacDonald of the Nova Scotia Supreme Court rejected MacIntosh's claims that the sex was consensual and occurred when the men — whose identities are protected by a publication ban — were in their late teens.

"I just find these actions

committed ... to be repugnant," MacDonald said in delivering his verdict, adding that he found the testimony of two of the complainants more credible.

MacDonald acquitted MacIntosh of 13 sex crimes against a third complainant, noting that he took until July 2007 to formally file his allegations and had made changes to his story.

He ordered MacIntosh to be returned to jail until his sentencing hearing on Sept. 14.

THE CANADIAN PRESS

Long process

- More than 15 years have passed since the now middle-aged men first reported to RCMP they were sexually molested.
- By the time the men began to come forward with their allegations, MacIntosh had left Canada to set up a business and residence in India.
- A Mountie who investigated the complaint said he first called MacIntosh in New Delhi in January 1996 to tell him there was a warrant for his arrest. Mac-

Intosh claimed the phone went dead before he heard of the warrant, and — though he said he was "curious" — never called back. In 1997, he was told his passport wasn't being renewed due to the criminal charges.

► Extradition proceedings started in 1997 but were marred by delays. New allegations of abuse came forward in 1999. Prosecutors halted the extradition as police checked into those allegations. MacIntosh was finally extradited to Canada in June 2007.

N.S., N.B. talking power sharing

Nova Scotia and New Brunswick will "explore" the possibility of a second electrical transmission line between the two provinces.

The proposed line would pump 500-megawatts of energy between southern New Brunswick and Colchester County.

Premier Darrell Dexter, along with New Brunswick

"Maritime economic co-operation has been talked about for a very long time. What projects like this does is it lifts them off the pages of speeches and into action."

Premier Darrell Dexter

Premier Shawn Graham and the CEOs of both power utilities, announced the project at a press conference in Fredericton yesterday.

Dexter said that the second transmission line

would mean construction jobs in the short term, as well as increased capacity and efficiency in the future — which, according to Dexter, will result in more affordable power for the province.

The project requires approval by both provinces' utility review boards.

ALEX BOUTILIER

Halifax Rocks a big-name lineup

The talent is too much for one stage, according to promoters of Halifax Rocks this weekend.

The band list on Saturday is being divided onto two stages. Chad Hatcher will kick off the action on stage B at 2 p.m., followed by The Stanfields, The Jimmy Swift Band, and Rich Aucoin until 4:20 p.m.

Then the tunes move to the main stage, beginning with Hot Hot Heat at 4:50 p.m., Classified at 5:50, Weezer at 7:20 and headliner Black Eyed Peas closing the show at 8:50 p.m.

ALY THOMSON

Drug and weapons bust

Two people are facing charges after a seizure of drugs and weapons in Horne Settlement. RCMP say they seized about two kilograms of marijuana and a dozen plants along with a number of firearms. A 58-year-old man and a 53-year-old woman are scheduled to appear in court Sept. 27 on a variety of charges.

THE CANADIAN PRESS

1

news



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Long form census defenders and a Sarah Palin cutout take their musical chops to YouTube.

Video at metronews.ca/canada

Man sought in lewd act

Police are looking for a man who was allegedly involved in a sexual assault July 17 in Clayton Park.

The victim, a 29-year-old woman, was grabbed on the buttocks while walking. The suspect is described as a slim white male under six feet tall, 17 to 19 years old with blue eyes.

ADRIAN LEE



Love in the time of Auschwitz: Ex-inmate recounts daring escape from death camp. Scan code for more.

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Town tapped for new reality series

► New reality show uses Middle Sackville as setting ► Producer compares show to "Extreme Makeover Home Edition"

ALY THOMSON
HALIFAX@METRONEWS.CA

A local producer is casting carpenters for a new reality television series.

Del Arnold, a cardiology technician turned producer, is developing a reality television show called Home-in-a-Week.

"I came up with the idea about a year ago and just started playing with it," he said. "Then I thought, why not take the jump, why not try it?"

The show will feature 30 carpenters who will have one week to build a home, he said. In each episode, workers will be eliminated until there are three left. Arnold will develop three pilot episodes before the new year. He said some local broadcast-

Show

Lawson Estates site for first house.

► **Building** The first house will be built at the Lawson Estates subdivision on Lucy Court in Middle Sackville. Arnold hopes to set the next project on the Mount Royal subdivision in Halifax.

16 The date in August Del Arnold hopes to start shooting the first pilot episode.

ing companies have already expressed interest in the reality series.

In the end, the home will be sold to cover building costs and production fees, he said.



Taxpayers federation eyes N.S. after recent expense scandal

The MLA expense scandal and the recent HST increase have a national taxpayers' advocacy group planning to open up an Atlantic bureau.

The Canadian Taxpayers Federation is only "months" away from establishing an east coast office in Halifax, according to spokesman Scott Hen-

nig.

The policy watchdog organization is currently in the fundraising stages for the new office, which would cover all four Maritime provinces.

"We rely on the support of regular, taxpaying Canadians to step forward and put up the money to help us get started," said Hen-

"The big difference with us having an office (in Halifax) will be the fact that we'll be able to do things proactively ... before budgets are released, rather than after."

SCOTT HENNIG, CTF

nig.

Hennig pointed to the MLA expense scandal and the recent HST increase as catalysts for the decision to move forward with the office.

"In Nova Scotia, there's

been some prime examples of places where there's been waste, places where there's been a lack of accountability," he said. "We're hopeful that there's enough Atlantic Canadians who want to see a full-time, on-the-ground presence of a taxpayer watchdog."

● ALEX BOUTILIER

CTF

Where in Canada can you find offices belonging to the Canadian Taxpayers Federation?

► **Profile** The Canadian Taxpayers Federation, first established in Alberta, currently has a federal office in Ottawa, as well as regional offices in Vancouver, Edmonton, Regina, Winnipeg and Toronto. CTF spokesman Scott Hennig said the organization believes Halifax may have the "critical mass" necessary to open up an office.

Unemployment lowest in N.S.

Nova Scotia has the lowest unemployment rate among the Atlantic Provinces.

According to Statistics Canada, 8.8 per cent of the population was unemployed in June, almost one percentage point above the national average of 7.9 per

cent.

Newfoundland and Labrador had the highest unemployment rate at 14.7 per cent, with Prince Edward Island coming in at second highest at 12.3 per cent, and New Brunswick at 9.3 per cent.

● ALY THOMSON

NBA tour makes stop in Halifax

There will be dunks by the docks as the NBA starts its first nationwide tour across Canada on the Halifax waterfront this summer. The Halifax leg of the tour, which runs from Aug. 21 to 22, will include a visit from an NBA player and a Harlem Globetrotter, photo-

to opportunities with the Larry O'Brien Trophy, and a 3-on-3 tournament.

Players can register for that tournament at nba.com/jamsession on Friday. The name of the visiting player will be announced later this week.

● ADRIAN LEE

Tag hotels don't see client growth

Tag Approved hotels and restaurants in Halifax have not seen a draw of clients in town for the Halifax Pride Festival.

But that's the point, said Scott Travis, general manager of Cambridge Suites Hotels.

"The ultimate goal is

that we're not seeing gay and lesbians as something different other than just another guest that stays here," he said.

To gain a Tag Approved certification, a business must enforce non-discriminatory policies.

● ALY THOMSON

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News in brief

Green future
needs pyrite

FOOL'S GOLD. New research from St. Mary's University shows the path to green energy might be paved with fool's gold.

Fool's gold, or pyrite, is produced and disposed of when copper is mined from porphyry. But according to Dr. Jacob Hanley, pyrite contains platinum group metals, which are valuable producers of hydrogen fuel cells and specialized batteries.

"We are throwing metals away that could at some point help alleviate our dependence on oil and gas," said Hanley.

Canada currently produces only about three per cent of the global supply of platinum group metals.

"It might not be something we appreciate in our lifetimes, but our children will be using these metals almost exclusively, in

automobiles, for example." **ADRIAN LEE**

New motto for
Capital Health

HEALTH. With this year's Pride week themed around the motto "Free To Be," Capital Health is trumpeting its own slogan: "Free 2B Healthy."

It will be encouraging this through two panel discussions about access to health care for transgendered people and mental health within gay, lesbian, bisexual, transgender and intersex communities, and by marching in Saturday's Pride Parade. It will also be providing information about prideHealth, which offers anonymous HIV testing, transgender health care, and addiction prevention referrals.

ADRIAN LEE

Correction

TRANSIT. Metro Transit's Route 3 (Manors) will be changed Nov. 21. An incorrect date was published in Tuesday's paper.

METRO HALIFAX

Gruelling march honours WWII vets

- CFB Halifax sent 11 servicemen
- Two more paid their own way

Nearly 200 members of the Canadian Forces started on the 94th annual Nijmegen march yesterday, wearing full combat gear and treading the same paths as those who liberated the country in 1945. But it doesn't help that it's hotter than a Dutch oven.

"I heard it was going to be 40 kilometres, but then I learned it was 40 kilometres a day for four days," laughed petty officer (first class) Adam Thibodeau from Porters Lake. "That was quite the surprise."

ADRIAN LEE



PTE. ALEXANDRE DUTIL/Canadian Forces/CFSTG IMAGERY

► Capt. White from 22 Wing, North Bay, places a poppy on the grave of a fallen unknown soldier.

Antigonish hopes to save call centre

Antigonish is supporting efforts to save postal call centre jobs in the community.

Canada Post announced plans in April to privatize half of its call centre volume by 2011 and gradually

eliminate all of the Crown corporation's external call-centre service.

Council unanimously

agreed to adopt three resolutions in support of the effort to save the centre.

THE CANADIAN PRESS

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Shippers crossing picket line: Union

► Firms performing work of Farmers Dairy employees, says rep ► Lockout/strike in effect since Friday, July 9

A Cape Breton trucking company is raising the eyebrow of a union representing dairy workers involved in a labour dispute in Bedford.

Kim Power, a national representative of the Communications, Energy and Paperworkers Union of Canada, which represents about 250 full-time and part-time Farmers Dairy employees in Nova Scotia, says several trucking firms are now fulfilling the duties of their workers, including Tom MacDonald Trucking services in Sydney.

"They have taken over the duties of the unionized workers in Bedford," said Power. "The bargaining unit in Bedford entails everybody from production to shipping to merchandising the stores. And so, because it's a trucking company they are now trucking product from the plant to the stores, to the depot centres ... in place of the unionized workers."

Tom MacDonald Trucking Ltd. president Tom MacDonald could not be reached for comment.

CAPE BRETON POST

Labour dispute

Bargaining began last October as an employee contract was set to expire

- June After two days of conciliation, a report was filed with the Minister of Labour, triggering a mandatory 14-day countdown period before a strike or lockout could commence.
- July A final meeting was held on July 7, resulting in the union serving notice of a strike and the employer serving notice of a lockout.

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	El Salvador	9.9	¢		Iraq	4.9	¢
	Jamaica	8.9	¢		Israel	2.9	¢
	Jordan	13.9	¢		Italy	2.9	¢
	Kenya	9.9	¢		Russia	2.9	¢
	Kuwait	6.9	¢		Saudi Arabia	9.9	¢
	Lebanon	9.9	¢		South Korea	2.9	¢
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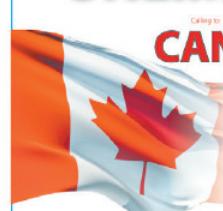


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Cannon touts a truce with the Taliban

► Foreign Affairs minister willing to support talks, with conditions, in order to bring peace to the area

Foreign Affairs Minister Lawrence Cannon told an international conference in Kabul yesterday that Canada would be willing to support reconciliation with the Taliban to bring peace to the region of Afghanistan but only if a number of criteria are met first.

Cannon, U.S. Secretary of State Hillary Clinton and other senior foreign officials from nearly 70 countries gathered in Afghanistan's capital of Kabul for the one-day conference, which was seen as an affirmation of international support for the government of current Afghan President Hamid Karzai.

Karzai has been reaching out to the Taliban in hopes of ending the war.

He won endorsement from a national conference over a month ago for his

Not so fast

- The Taliban have publicly shunned the offer, and the United States is skeptical whether peace can succeed until the Taliban are weakened on the battlefield.
- At the same time, President Hamid Karzai is urging international partners to help his country move toward responsibility for its own security and for government programs saying Afghanistan and Western powers backing the country share "a vicious common enemy."

plan to offer incentives to militants to lay down their arms and to seek talks with the Taliban leadership.

THE CANADIAN PRESS



IED kills Canadian soldier in Afghanistan

A young Canadian soldier who had escaped death in an earlier encounter with an improvised explosive device was killed yesterday while on a foot patrol southwest of Kandahar city.

Sapper Brian Collier, 24, had dismounted from his vehicle in the village of Nakhonay, 15 kilometres southwest of Kandahar city, when he was killed by an IED blast.

It's the first Canadian

death in Afghanistan since June 26, when two medics — Master Cpl. Kristal Giesebricht, 34 and Pte. Andrew Miller, 21 — died. Their vehicle had also detonated an IED.

"Canadian soldiers are in a constant struggle with insurgents in places like Nakhonay and elsewhere in the Panjwaii district," said Brig.-Gen. Jonathan Vance, the commander of Task Force Kandahar.

Collier had been wound-



Black bail hearing set

Conrad Black's bail hearing has been scheduled for this morning in Chicago but the former media baron won't be there in person.

The hearing will be held before Judge Amy St. Eve, who presided over Black's 2007 criminal case.

THE CANADIAN PRESS



\$90M earmarked for HIV research

Almost \$90 million once earmarked for an HIV vaccine-production facility in Canada will instead be spent on vaccine research and preventing mother-to-child transmission of the virus, Health Minister Leona Aglukkaq announced yesterday.

A partnership formed in 2005 between the federal government and the Gates Foundation had set aside \$88 million for a lab to produce pilot HIV vaccines, but the program was cancelled in February amid much criticism.

THE CANADIAN PRESS

ed earlier on this tour of duty.

"Previously injured in a separate IED strike, Sapper Collier fought hard to overcome his injury in order to get back to doing his job with his comrades," said Vance.

Vance said Collier was known for his easygoing nature and sense of humour, and was an automobile enthusiast who loved to spend time with his buddies. THE CANADIAN PRESS

Collier facts

- Place of birth Collier was born in Toronto and raised in Bradford.
- Group A member of 1 Combat Engineer Regiment based at CFB Edmonton, he was serving in Afghanistan with the 1st Battalion, The Royal Canadian Regiment Battle Group. It was his first deployment to Afghanistan.

Walker-wielding granny beats thug

When purse snatcher meets ornery octogenarian, put your money on the pensioner.

RCMP in Vernon, B.C., say a man in his 20s was lucky to escape uninjured after targeting what looked like an easy mark on Saturday.

Police spokesman Gord Molendyk says the thug tried to grab the purse of an 81-year-old woman.

Molendyk says she wielded her walker like a weapon, hanging on to her purse while driving her attacker away.

THE CANADIAN PRESS

PUBLICITY STUNT

Probe set over flying donkey

Authorities in Russia are opening an animal cruelty probe into a weekend stunt in Russia in which a donkey parasailed high over a beach.

Amateur video footage showed men attaching parasail harnesses to the mule. The Kremlin news channel

Russia Today reported that sunbathers were distressed at the sight of the flying donkey, which brayed in fear as it glided above the bay for half an hour. Russia Today reported that the donkey was shell-shocked but survived.

Reports said the donkey flight was a promotional stunt. Employees of a leisure firm in the village of Golubitskaya could face two years in prison if they are charged and convicted of animal cruelty.

THE ASSOCIATED PRESS

Scientists keep watch on well

Scientists huddled yesterday to analyze data from the ocean floor as they weigh whether a leaking well cap is a sign BP's broken oil well is buckling.

Oil and gas started seeping into the Gulf of Mexico again Sunday night, but this time more slowly. Scientists aren't sure whether the leaks mean the cap that stopped the flow last week is making things worse.

The government's point man on the disaster, retired coast guard admiral Thad Allen, will decide

"As a condition of moving forward with the well-integrity test, BP has to report to us any anomalies and act on those within four hours."

RET'D ADMIRAL THAD ALLEN

again later yesterday whether to continue the test of the experimental cap — meaning the oil would stay blocked in.

THE ASSOCIATED PRESS

Civet coffee ruled OK for Muslims

Indonesia's top Islamic body declared yesterday that Muslims can drink civet coffee — the world's most expensive coffee, which is extracted from the dung of civet cats — as long as the beans are washed. THE ASSOCIATED PRESS

No bail for accused in G20 probe

A man facing charges in a G20 security probe has been denied bail. Byron Sonne was arrested June 22 and accused of possessing dangerous weapons and explosives for an unlawful purpose, among other charges. THE CANADIAN PRESS



CN train runs aground

RCMP say a front engine of a Canadian National freight car derailed Monday near a Dairy Queen in a residential and commercial neighbourhood of Sylvan Lake, Alta. However, there were no reports of injuries.

Leaders condemn release

► Cameron says decision to free Lockerbie bomber not his — or BP's

British Prime Minister David Cameron yesterday turned aside U.S. calls for an investigation into the release of the Lockerbie bomber by Scotland and said there was no indication that oil giant BP had swayed the decision.

Both Cameron and President Barack Obama, who met with him at the White House, condemned the release of Libyan bomber Abdel Baset al-Megrahi from a Scottish prison.

Still, Cameron said the release was not the doing of the British government nor, apparently, the result of any lobbying by BP to win oil concessions from Libya. Rather it was a decision by the government of Scotland on compassionate grounds, he said.



"It was the biggest mass murder in British history, and there was no business letting him out of prison," Cameron said.

Cameron said there was no evidence the decision was influenced by BP. At issue is the British oil giant's efforts to win ratification of a deepwater oil deal off Libya's coast.

THE ASSOCIATED PRESS

Officials want to keep hold on teen sailor

Child care authorities asked a Dutch court yesterday to extend their guardianship over 14-year-old sailor Laura Dekker for another year, a move that would further delay her plan to sail solo around the world.

The application was made at a closed-door hearing in the Dutch city of Middelburg. A ruling is scheduled for July 27.

Dekker's lawyer Peter de Lange did not immedi-

ately return calls.

Dekker was made a ward of the state last year after her plan to try to become the youngest person to sail solo around the world raised concerns over her physical ability and her social development. Both her parents, who are divorced, back the plan.

Dekker was born on a yacht in New Zealand waters while her parents were sailing around the world and holds a New Zealand

"Our focus is not is she able to sail, because she can sail. Our focus is her social and physical development — that is our concern."

RICHARD BAKKER, SPOKESMAN FOR THE COUNCIL FOR CHILD CARE

for Child Care, said authorities hoped to end uncertainty for Dekker by applying for a year extension rather than repeatedly asking for one-month extensions.

At a hearing last month, when the guardianship was prolonged by a month, De Lange said Dekker was working to meet 14 conditions imposed by the court nine months ago before it would let her set sail.

THE ASSOCIATED PRESS



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Italian team embarks on driverless trip

► It's a modern-day version of Marco Polo's journey halfway around the world, but is anyone at the controls?

A team of Italian engineers yesterday launched what has been billed as the longest-ever test drive of driverless vehicles: a 13,000-kilometre, three-month road trip from Italy to China, not in search of silk, but to test the limits of future automotive technology.

Two bright orange vehicles, equipped with laser scanners and cameras that work in concert to detect and help avoid obstacles, are to brave the traffic of Moscow, the summer heat of Siberia and the bitter cold of the Gobi desert before the planned arrival in Shanghai at the end of Oc-



tober.

"What we are trying to do is stress our systems and see if they can work in a real environment, with real weather, real traffic

and crazy people who cross the road in front of you and a vehicle that cuts you off," said project leader Alberto Broggi.
THE ASSOCIATED PRESS

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*See individual stores for details.

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JACQUELINE HERNANDEZ/PACIFIC DAILY NEWS/THE ASSOCIATED PRESS

Eight-legged friends not welcome

A ship carrying housing units and accessories for a work force village in Guam was barred from docking after authorities found thousands of spiders in the cargo. Agriculture officials say they don't know what type of spiders were on the ship, whose last port of call was in Korea, but said it's a type that isn't normally found on the island.

Unofficial search

The official search has been called off but local fishermen are still looking for a man lost in a boating tragedy off the northern coast of Newfoundland.

Lost at sea

► The man in his 40s grew up in the fishing community and was home visiting.

News in brief

Don't sweat it

VIENNA. Bidding on a confessional described on eBay as ideal for conversion into sauna, a small bar or a children's playhouse was ended when the archdiocese stepped in.

The confessional was offered for auction by a Vienna church undergoing renovations.
THE ASSOCIATED PRESS

Gutter oil China's latest

BEIJING. A foul slop fished up from sewage drains or collected at restaurant back doors is being used in the country's eateries.

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BoC hikes rates despite gloomy predictions

► Bank agrees economy is slowing ► Europe still a concern ► BoC predicts better growth in 2012

The Bank of Canada has hiked its trendsetting interest rate one-quarter point to 0.75 per cent, while issuing a more gloomy outlook for the economy and raising questions about where rates are headed next. The second rate increase in as many months had been widely predicted by economists and markets, given Canada's strong first quarter advance and recent job creation record.

The move will likely have an impact on variable mortgages as the big commercial banks usually



► Bank of Canada governor Mark Carney

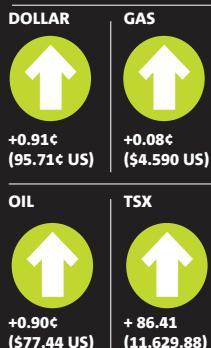
adjust their prime rates shortly after the Bank of Canada adjusts its key

lending rates. The central bank's move will raise some eye-brows among so-called bearish economists who had urged governor Mark Carney to keep interest rates steady if he believed the recovery was slowing.

They argued that raising rates at this time will only weaken growth by discouraging consumer spending and business investment, and adding upward pressure on the loonie to the detriment of manufacturers and exports.

THE CANADIAN PRESS

Market moment



BY JEFFREY WASTELL

Porter CEO suing rival flyer

The head of Porter Airlines is personally suing Air Canada, claiming the country's largest airline has broken an agreement to give him and his spouse free travel passes for life.

Robert Deluce's family sold Air Ontario and Austin Airways to Air Canada in 1986. He is

seeking up to \$5 million from the airline, a rival to Porter.

Deluce claims Air Canada agreed to provide him and his wife the passes as part of the sale of the two airlines.

He said Air Canada stopped honouring the arrangement last fall without any warning.

A spokesman for Air Canada declined to comment on the specifics of the case, but added, "It is completely understandable that Mr. Deluce would prefer to fly Air Canada." THE CANADIAN PRESS

Talks planned to end Montreal port lockout

Locked-out longshoremen at the Port of Montreal and their employers are scheduled to meet later this week for talks, with the help of a federal mediator.

The two sides and the mediator are scheduled to meet tomorrow and Friday, a spokesman for the Maritime Employers Association said.

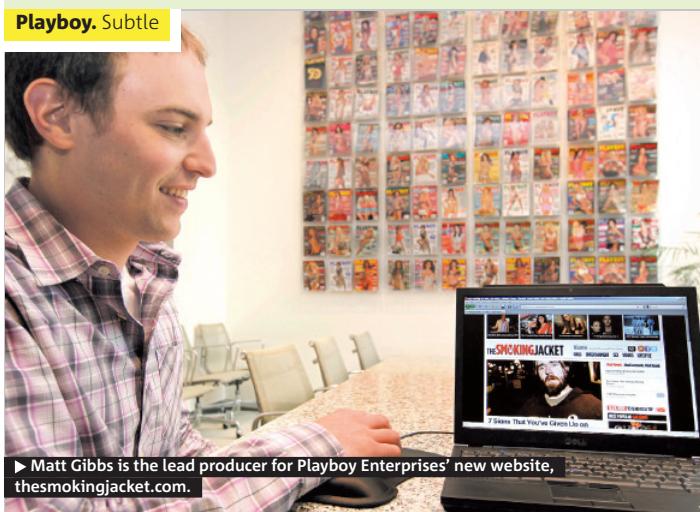
"The employers are ready to sit and get it solved as soon as possible," Gilles Corriveau said yesterday, adding the talks could extend into the weekend.

There are fears the lockout could be costly for businesses that use the port to get imported food and consumer goods.

At issue for the union is

900 The number of longshoremen locked out. The dispute is costing port employers about \$800,000 per week.

job security, as well as keeping guaranteed payments when longshoremen are on call and waiting for work. THE CANADIAN PRESS



► Matt Gibbs is the lead producer for Playboy Enterprises' new website, thesmokingjacket.com.

M. SPENCER GREEN/THE ASSOCIATED PRESS

Playboy launches 'work-safe' site

Playboy launched a new website yesterday that it says is safe to look at while at work. The site contains no nudity. Instead it will rely on humour to reach Playboy's target audience, men 25 to 34 years old, when they are most likely to be in front of a computer screen.

U.S. Court demands Toyota info

Toyota Motor Corp. said yesterday it has been subpoenaed by a U.S. federal grand jury in New York to submit documents related to problems with rods that connect a vehicle's steering system to its front wheels. THE ASSOCIATED PRESS

Air Canada adding capacity

Air Canada will grow its system capacity more aggressively this year than previously expected, primarily because of an increase in international flying, the airline announced yesterday.

THE CANADIAN PRESS

Lions Gate faces takeover

Activist investor Carl Icahn announced yesterday he is renewing his bid to take over Canadian-American boutique film studio Lions Gate Entertainment Corp. and replace its board.

THE CANADIAN PRESS

Université
Sainte-Anne
HALIFAX

Besoin de participants pour un projet : Formation et emploi pour immigrants francophones

Si vous êtes immigrants, sans emploi (ou sous-employé) et que vous n'êtes pas admissible à l'Assurance emploi, l'Université Sainte-Anne, Campus d'Halifax, présente un projet de formation offrant divers ateliers, dans le but de faciliter votre intégration au marché du travail.

Ateliers offerts aux participants du 26 juillet au 3 décembre, 2010:

Des ateliers seront offerts gratuitement avant l'expérience de travail des participants retenus et viseront la préparation au marché du travail. Les ateliers d'une durée totale de 18 semaines incluront:

- Le développement du CV • La lettre de présentation • La préparation à l'entrevue
- La recherche d'emploi • Introduction à l'informatique • Français écrit au travail
- Anglais au travail • Sécurité au travail

Expérience de travail rémunérée du 6 décembre, 2010 au 4 mars, 2011:

Une expérience en milieu de travail bilingue ou en anglais, rémunérée, d'une durée de 12 semaines. Noter que les expériences de travail vont dépendre des besoins des participants et de la disponibilité des employeurs.

Pour information :

Prière de communiquer avec la coordonnatrice du projet. Elle se fera un plaisir de vous donner plus d'informations à ce sujet.

Sonia Losier, Coordonnatrice du projet
Université Sainte-Anne, Campus Halifax
1589, rue Walnut, Halifax, N.-É., B3H 3S1



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NEWFOUND FRIENDS IN HIGHER PLACES

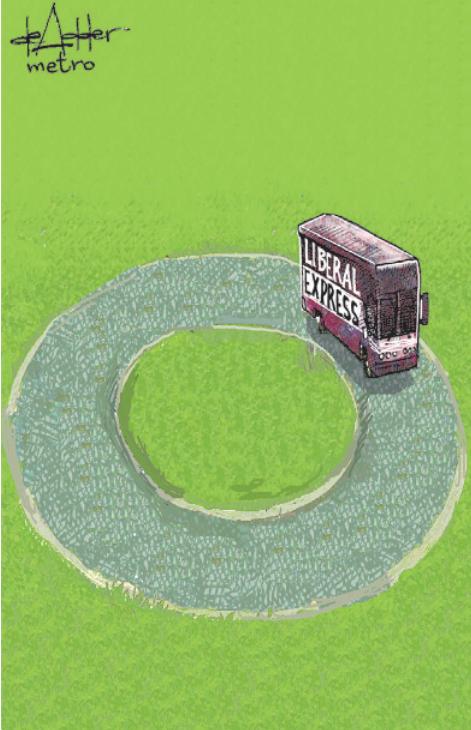
Just sayin'

PAUL SULLIVAN



Cartoon

metro



MICHAEL DE ADDER

To some, he's prisoner No. 18330-424.

To others, he's Baron Black of Crossharbour. To most of us, he's just Conrad Black. And he is about to get sprung from a Florida jail.

Once owner of the third largest newspaper chain in the world and a personal fortune of £175 million, Conrad Black has fallen as far as a guy can fall.

On the one hand, he has finally convinced the U.S. Supreme Court that his fraud convictions are based on an overly broad interpretation of the law, and he has been granted bail as he appeals.

On the other, the man who once had everything now has

nothing. His London, New York and Palm Beach properties? Gone. His fortune? Gone. And his troubles are hardly over — the U.S.

government is suing him for \$71 million in back taxes.

You think you've got problems? Black doesn't even have a place to spend the night. He still owns the heavily mortgaged family homestead on Toronto's Bridle Path, but will probably have to stay in the U.S. as a condition of bail.

Maybe he can stay at the Super 8 motel near his Florida prison, although he might not be able to afford the \$100 per

night rack rate after working for 23 cents per hour in jail.

Still, my former boss (he owned the Vancouver Sun; I

toiled in his vineyard) is not one to mooch for sympathy. He sees himself as a "freedom fighter" and will continue to plug away at self-vindication. The rest of the world may see him as a defrocked capitalist, but the man who denied his Canadian birthright to sit in the House of Lords

is hardly cowed by a mere reversal of fortune.

From his cell, he reminds us why the world is a less colourful place with him on ice. He contin-

ues to emit wryly amused, wordy newspaper pieces as blithely as if he were cosseted in his London study, butler at hand.

He has even found God. And not just any God, but the Catholic God, the whole nine yards. I came across a massive piece (aren't they all?) documenting his conversion from "casual Protestantism" to when "I no longer had any confidence in the non-existence of God," to today in jail when he takes the sacraments at least once a week, and goes to confession when he feels sinful. "This," he hastens to add, "is not an overly frequent sensation."

Now that the world has abandoned him, Baron Black has merely ramped it up a notch and has found new friends in higher places. You can't keep a good social climber down.

Teach our children well

Letters & Tweets

We asked: Should schools teach swimming lessons to students?

TORONTO. Yes, schools should teach swimming to all students. Forget sex education — they will not need that information if they don't live long enough to grow up.

How about teaching something that will save lives? I remember when I was in school and thought half the stuff we had to learn was completely useless. I have a feeling that same sentiment is still being felt by today's students.

JAMES BROWN

TORONTO. It is highly

In the swim



TARA WALTON/TORSTAR NEWS SERVICE FILE

regrettable that the federal government is dropping the long form of the census, especially in light of the "criminal conspiracy" that disrupted Toronto during the G20 summit.

From anecdotal testimony, it appears the majority of those involved in vandalism were young whites.

Indeed, the mass of pro-

testers, both peaceful and the miscreant minority, seemed to be "native-born" white Canadians.

A long-form census could hopefully identify those events, gatherings, or social triggers that set these people on a rampage so police may be better prepared to protect the rest of us.

MICHAEL CHARD

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According to Michael Haynes, author of *Trails Of Halifax Regional Municipality*, you don't have to leave the municipality to go for a good walk or bike ride. Here are some of his favourites:

• The Bluff Wilderness Trail, within 30 kilometres of downtown Halifax, is one of the "finest backcountry hiking opportuni-

ties in Nova Scotia."

• The Waverley-Salmon River Long Lake Wilderness Area is "a rugged pocket of pristine lakes, high granite ridges and diverse vegetation."

• The 2½-kilometre Gibraltar Rock loop trail is short but "a killer." A map includes one section labelled "heart attack climb." • **METRO HALIFAX**



► You don't have to travel far to enjoy a hike.

RYAN TAFLIN/METRO HALIFAX

► Arrest of Russian spies adds intriguing new layer to Angelina Jolie thriller Salt
 ► Activity has slowed since the Cold War, but many nations still spy on one another



► Angelina Jolie plays a CIA analyst accused of being a Russian spy in the new movie Salt

The secret world of spy versus spy



Angelina Jolie's new film Salt — about a CIA analyst accused of being a Russian sleeper agent — might have just seemed like another entertaining summer movie.

But the discovery and arrests last month of 10 Russian agents living under deep cover in the U.S. adds an intriguing new layer to the film. And it also serves as a stern reminder, says former Homeland Security secretary Tom Ridge. "The

term 'Cold War' may have been generally removed from our conversations, but the notion that we would spy on one another to secure information about aspirations and capabilities, that still exists," Ridge says.

Metro caught up with Ridge and a panel of intelligence experts at the International Spy Museum just hours after the suspected spies were exchanged in Vienna. Oleg Kalugin, a former major-general for the KGB, was startled by the swiftness of the arrests and exchange — as well as the number of suspected operatives taken into custody. "I

"The action scenes are over the top. If I had one day in my career like Salt, I'm not sure I would've had a very long career" MELISSA BOYLE, FORMER CIA INTELLIGENCE OFFICER

watch the 10 guys who were caught as illegals, I thought, 'That's total decadence.' It looked to me a waste of human resources."

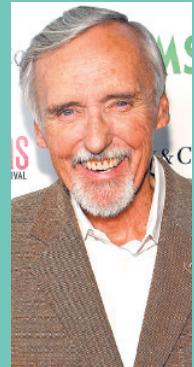
Kalugin admits that while he was stationed in the U.S., he knew of some "illegals" — or spies living abroad with no official ties to their home government — but there were far fewer. "In my time when I was operational in the United States, we did have a couple

of guys, and they had very specific missions," he admits. "One had a very special mission. His job was to act in case the United States and the USSR were close to military conflict. Then this illegal would blow up the power line grids in the Washington area so there would be no power. And second, poison water supplies in the Washington area — not to kill people, just make them sick."

Former CIA intelligence officer Melissa Boyle says some of the scenes are over the top. "Espionage is chess, and chess makes boring film." Boyle served as a consultant on the film, helping Jolie. "She just really sucked my brain dry trying to get details to help her put together her character," said Boyle, who is quick to point out one thing: "I am not Salt."

Jolie might beg to differ: "She probably didn't realize I was just studying her," Jolie tells Metro. "As I was asking her questions, really I was watching her mannerisms and her behavior."

News in brief



Dennis Hopper's sprawling estate in Venice, Calif., is going on sale this Friday for about \$6.2 million. The property, where Hopper lived for more than 20 years, is located a few blocks from the Pacific and spans 15,550 square feet over five land parcels.

THE ASSOCIATED PRESS

Pilgrim author eyes media empire

As Scott Pilgrim author Bryan Lee O'Malley unleashes the final volume of his popular comic book series, he's readying himself for the next stage in his increasingly surreal life: world domination.

The soft-spoken cartoonist says he's amazed by how much his fictional slacker hero has already achieved — including an upcoming film adaptation starring Michael Cera, a video game, and plush toys

all based on O'Malley's drawings.

"I started out just doing an independent comic book and I never expected it to become this kind of worldwide phenomenon, which it sort of has become," says O'Malley, dressed in a dark T-shirt and sporting dark-rimmed glasses for a recent interview.

"It's been a very wild ride, it's gotten a lot bigger than I ever imagined."

Back when the 31-year-old started the book series in 2004, he was working in a Toronto comic shop and living the modest life of a struggling artist.

O'Malley says he was inspired by his own circle of pals and the places they would hang out when he lived in Toronto from 2001 to 2005. Scott Pilgrim's Precious Little Life introduced the world to a 23-year-old layabout who must battle the seven evil ex-

boyfriends of the woman of his dreams. Over-the-top sword battles, skateboard duels, and barroom brawls play out at downtown landmarks including Casa Loma, the Toronto reference library, Sneaky Dee's and Honest Ed's.

From the get-go, O'Malley decided the action-packed love story would have to be played out in six volumes. It only took one to get Hollywood's attention. THE ASSOCIATED PRESS



► Bryan Lee O'Malley



Costumed Storm troopers invade Comic-Con

New ad-ventures for Mad Men

► New season opens with question 'Who is Don Draper?'

On the season finale of *Mad Men* last fall, Don Draper's wife was seen flying to Reno for a quickie divorce.

Draper, Sterling Cooper's creative director, was jumping ship with a few other expats from that advertising agency to form their own shop camped in a Manhattan hotel suite. They and everybody else were still reeling from the assassination of President John Kennedy just a month earlier.

And *Mad Men* viewers were left to eagerly await the return of this *zeitgeist*-

new season

► Almost a year has passed. It's nearing Thanksgiving 1964, with the strain of the holidays soon to be visited on many of the characters.

seizing drama, to find out how its bygone world would rise from the rubble.

Answer: Engrossingly, in unexpected, chancy ways, adhering to the *AMC* series' steadfast lack of formula.

You can check last season's finale, available online at the *AMC* website.

Then the fourth season begins Sunday night setting the stage for a new round of discovery with the episode's first words: "Who is Don Draper?"

A mighty good question, but one aptly dodged by the magnetic, enigmatic and tormented Draper (series star Jon Hamm), who, it turns out, is being interviewed by a writer from *Advertising Age* magazine. Draper doesn't like this kind of grilling. He believes his work should speak for him.

"It was terrifying when I ended last season, and terrifying when I started this season. But I'm invigorated by risk."

MATTHEW WEINER, CREATOR

Almost a year has passed. It's nearing Thanksgiving 1964, with the strain of the holidays soon to be visited on many of the characters.

By now, Don's frosty ex-wife Betty (January Jones) has remarried. Don has largely lost custody of their three kids and dwells in a sombre flat in Greenwich Village where, at least on Thanksgiving, he prefers the company of a stranger to more traditional companionship.

THE ASSOCIATED PRESS



► January Jones plays Betty Draper on *Mad Men*

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Vampire books pack serious bite

► **Vampire Diaries** author L.J. Smith explains what makes her vampires different ► Fanged ones have become more 'romantic' over time



MARIE MORIZOT
METRO FRANCE

The world's current fascination for all things vampire is good news for Californian author L.J. Smith, whose gothic output includes *The Vampire Diaries* and *Night World* series of novels.

Where do you draw inspiration from?

I'm not sure where I find inspiration for my characters, especially my bad boys. Maybe they come from a part of my unconscious. I love bad boys the most and Gabriel is a prime example. I wanted to do a vampire that didn't suck blood, but took energy directly. He was fun to write.

Why did you become a writer?

“I think that over time vampires have become romanticized.”

L.J. SMITH, AUTHOR

nine months! Just three months for each book. But those were short books, and today I write 600-page books. Now it takes me at least six or seven months per book.

Have vampires changed over time?

Well, if you go back to the first vampire, Dracula, by Bram Stoker, he was cruel and evil and not really very romantic. I think that over time vampires have become romanticized, and each writer adds little rules for their own special vam-

pires. For instance, I have my vampires wear lapis lazuli to protect them from the sun, and they are not afraid of garlic.

Why did you stop writing for 10 years?

This is a sad question for me to answer. I was just starting to write Strange Fate, a book in the Night World series when my brother in law got Stage IV cancer. I helped my sister and her two small children for eight years and I found that with all the horror that was going on in my family I could not write. After that, my mother got lung cancer and passed away. I call her my guardian angel because after her death I began to write again.



► This trio of attractive underworld dwellers sprang from the imagination of author L.J. Smith



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► Ex-Zepplin singer Robert Plant is on the road with a mostly unfamiliar cast of players.

Ex-Led Zeppelin singer will release his new album – “an adventure” project – this September. Material will include new songs mixed up with Raising Sand favourites, solo work and some Zeppelin.

Plant takes his **‘Band of Joy’** on the road with him

All eyes are on Robert Plant when he steps on stage — especially his band's.

If you're going to play with the rock 'n' roll icon, you've got to be ready to follow.

"When you're working with Robert you can only rehearse so much and then it doesn't matter anymore because you have to have your eyes glued on him the entire night," guitarist Buddy Miller said in an interview with his tour bandmate, singer-songwriter and guitarist Patty Griffin. "No matter what the arrangement was, he's just all feel."

"It's all spontaneous," Griffin said.

Plant might give a nod or a vocal cue and the band heads off in an unexpected direction. That might be the unifying theme for Plant's latest project, which he calls "an adventure." New album Band of Joy is out in September and he's on the



“When you’re working with Robert (Plant) you can only rehearse so much and then it doesn’t matter anymore because you have to have your eyes glued on him the entire time.”

BUDDY MILLER, GUITARIST

road with a mostly unfamiliar cast of players who happen to have Nashville's deepest street cred. All this adds up to a show with several surprises for fans — Band of Joy songs mixed in with Raising Sand favourites, solo material and an eclectic collection of Led Zeppelin songs. His aim for Zeppelin songs like Misty Mountain Hop and Houses of the Holy is to make them feel like they are "crawling out of the swamp, not

of beautiful music."

Plant offered a generous helping of Zeppelin favourites on the tour's first two dates in Memphis, Tenn., and Little Rock. The concerts featured a song each for Miller and Griffin, and Plant has plans to include more songs by the band, which also includes multi-instrumentalist Darrell Scott, bassist Byron House and drummer Marco Giovinco. He wants a revue feel for the tour, his first headlining performances since the Raising Sand tour wrapped 15 months ago. That partnership with Alison Krauss and producer T Bone Burnett netted six Grammys.

"I can feel it without a word spoken and we sing together like crazy," he said. "It's like a rockin' thing. It's like the Andrews Sisters on acid, you know. It's really great - exhilaratory really. She lets it fly. She really lets it go."

A portrait of Brian May, the lead guitarist of Queen. He has his signature curly, reddish-brown hair. He is wearing a black t-shirt with a detailed graphic of a fox's face on the front. He is pointing his right index finger towards the camera. The background is a plain, light-colored wall.

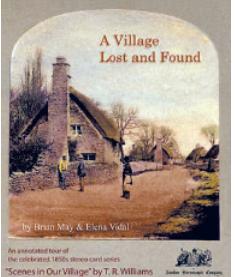
► Queen guitarist Brian May may have completed his Ph.D. in Astrophysics in 2006, but he still found time to co-author the new book, *A Village Lost and Found*.

We will read you

► Queen guitarist Brian May brings the world of 1850s England back to life in detailed 3-D images ► Why he has little hope for you, wired human

Guitarist for one of the most legendary bands in rock history; astrophysicist; animal rights activist; scholar of 18th-century stereographic images Queen's Brian May could easily be mistaken for a character out of a Jules Verne novel.

Quoted:
“It’s just simple boyish appreciation of magic, really.”
MAY



An annotated tour of
the celebrated 1850s stereo card series

beings by the march of what we laughingly call progress."

"There is no other document like this, one that chronicles not only a village but the people in it — their thoughts and dreams and aspirations and a whole spirituality — which I think T.R. Williams definitely felt was being threatened by the march of industrialism at the time," May explains. "I relate to that right now, because I think we are being destroyed as human

3
life

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MOSQUE
HASSEN II

► As one of the biggest mosques in the world, Mosque Hassan II is a striking landmark. Nearly half of the surface area is glass flooring revealing the Atlantic Ocean below following a verse in the Qu'ran stating that the "throne of God was built on water."

Here's looking at you

► Humphrey Bogart made Casablanca the coolest city on the planet ► Today your visit will still be the start of a beautiful friendship...



**ROMINA
MCGUINNESS**
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METRO WORLD NEWS IN LONDON

Why go now?

The former French protectorate in Morocco has gone from strength to strength quietly establishing itself one of northern Africa's cultural hubs.

The Casablancais are cool, cosmopolitan and happily embrace western trends whilst remaining fiercely proud and protective of their Islamic heritage.

The city is constantly cooled by the incoming sea breeze, a delightful indication of the sandy beaches nearby.

It's my first time. What should I do there?

Walking around the old medina you'll be tempted to buy everything and anything that sparkles, from the leather soled "babouche" slippers over to the glittering jewels and kaftans.

Get a sugar rush by eating one of the honey-laden treats at Patisserie Bennis Habous (2 Rue Fkih El Gabas).

Leave the chaotic city centre for the charming seaside Boulevard de la Corne.

Miami Plage has huge umbrellas to protect you from the blazing sun together with very American-looking basket ball courts. Clear your pores at Hammam Zaiani (hammamziani.ma).

Here, along with the traditional steam room you can soak in a Jacuzzi, ask for a full body scrub or head to the juice bar. Fami-



► Modern Morocco: Today's Casablanca is a long way from Bogey's gin joint

ly run restaurant Taverne du Dauphin (115 Blvd Houphouet Boigny) may not look like much from the outside but the Provençal touch and fabulous fish and seafood is stunningly well-prepared.

Near Central Market, on Blvd Mohammed explore the old day casa, a favorite haunt of writer Antoine de

Saint-Exupéry.

I've been before. What should I see this time?

Sadly, Hollywood's epic movie Casablanca was actually filmed in Burbank.

But Kathy Kriger has made fiction reality with the opening of Rick's Café (rickscafe.ma) a near perfect replica of Humphrey

Bogart's smoky hangout in the original motion picture.

Of all the gin joints in all the world you really should walk into hers! Start practising your lines now — see our reminders below.

Where's the best place for an afternoon's shopping?

The Central Market place is great to ease your way into the day.

There's little to buy outside of fresh produce, great if you're planning to hit the beach later on and are planning a picnic.

For a more up-market shop, the leafy Boulevard D'Anfa is where you want to be heading.

Locally thought of as being the Beverly Hills of Morocco, you'll find a number of designer boutiques.

Not everyone has the patience or willpower to haggle so for local arts and crafts at fixed prices go to the Exposition Nationale d'Artisanat (3 Avenue Hassan II).



► Mosaic: Exquisite attention to detail is all around

Diab is where it's all "happening."

Clustered clubs and cocktail bars ensure you'll be out drinking and dancing till sunrise. Joya (10 Rue de la Mer Jaune) plays a mix of African, techno and pop music.



For more information check out visitmorocco.com



► Bogey: Sam plays it again

"Here's looking at you, kid."

"Louis, I think this is the beginning of a beautiful friendship."

"Of all the gin joints in all the towns in all the world, she walks into mine."

MAJOR HEINRICH STRASSER
(CONRAD VEIDT)

What is your nationality?

RICK BLAINE (HUMPHREY BOGART)
I'm a drunkard.

What's the nightlife like?
The beachfront area of Ain



metro

VISIT

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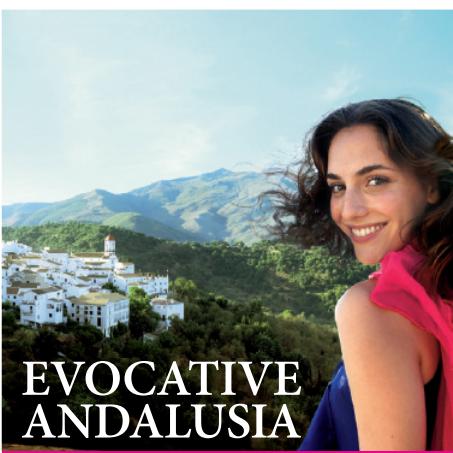
Andalucía
www.andalucia.org

*  I need Spain
ESPAÑA www.spain.info

ERDF
European Regional Development Fund
"A way of making Europe"

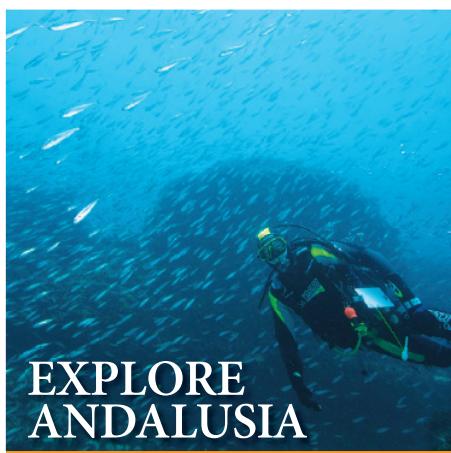


AMAZING ANDALUSIA



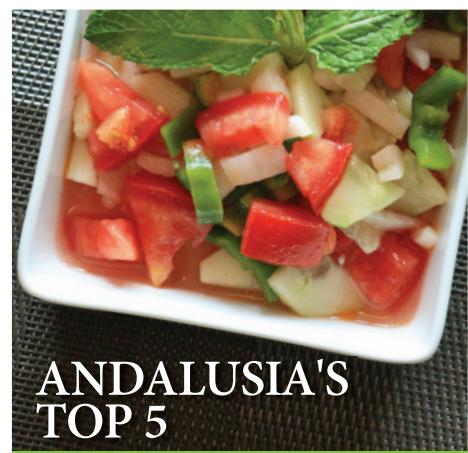
EVOCATIVE
ANDALUSIA

White washed villages P/2



EXPLORE
ANDALUSIA

Food, Scuba diving, Golf, Spas and more P/3



ANDALUSIA'S
TOP 5

The best beaches, golf courses and tapas P/4

EVOCATIVE ANDALUSIA



In most people's minds, Andalusia evokes dazzling white washed inland villages, meandering cobbled streets beneath wrought-iron balconies, endless golden sun-kissed beaches, stunningly beautiful ancient cities packed with historic monuments, imposing mountain peaks, the unmistakable scent of orange blossom, lush green vineyards, scattered olive groves, and the purest light.

Andalusia (in Spanish Andalucía) is the largest autonomous community in Spain in terms of population, the second largest in terms of land area and certainly the most attractive. It is crossed by the fertile basin of the Guadalquivir River that flows between the foothills of the Sierra Morena mountains to the north and the Sierra Sur in the south, irrigating a rich and fertile valley. The region is made up of eight provinces Huelva, Seville, Cádiz, Cordoba, Malaga, Jaén, Granada and Almería, all named for its major cities. Its capital and largest city is Seville, also the third largest one in Spain, and one of the most beloved destinations by visitors for its culture, monuments and gastronomy.

Not many regions of

the world can match with Andalusia's cultural legacy, historical complexity and richness where east meets west in an exotic melting pot of Jewish, Gypsy, Arab

Andalusia's cultural legacy, historical complexity and richness where east meets west in an exotic melting pot of Jewish, Gypsy, Arab and Christian cultures.

and Christian cultures. Andalusia boasts a magnificent Muslim heritage, including some notable examples of the Moorish architecture like the Mezquita in Córdoba, the

Alhambra in Granada or the Reales Alcázares in Seville, to name but a few. The name Andalusia dates back to the Arabic language Al-Andalus, after the Moors invaded Spain in the 8th century and the region was transformed into a centre of unimaginable wealth, sophistication and power in the Muslim-dominated Iberia.

Andalusia's diverse geographical setting make it a land of great contrasts, blessed with achingly beautiful landscapes such as the valley of the mighty river Guadalquivir, stunning stretches of coastline (853 kilometres of beaches), mountain ranges, colourful villages, towns and cities, more than 300 days of sunshine and Europe's only desert. Each itinerary in Andalusia is absolutely

unique and it has drawn and inspired some of Europe's greatest writers, poets, actors and painters. Andalusia produced Pablo Picasso and the 17th century royal painter Velasquez and it also held an enduring fascination for writers Ernest Hemingway and Washington Irving.

To fully appreciate the breathtaking scenery of Andalusia, you need to relax, unwind and enjoy yourself. People in Andalusia are at their most vivacious, fun-loving and family-oriented. They instinctively create an exuberant street life. Andalusia is just about as close to paradise as it's possible to get and, once bitten, you will forever be drawn back to places that will sing in your memory.



EUROPE

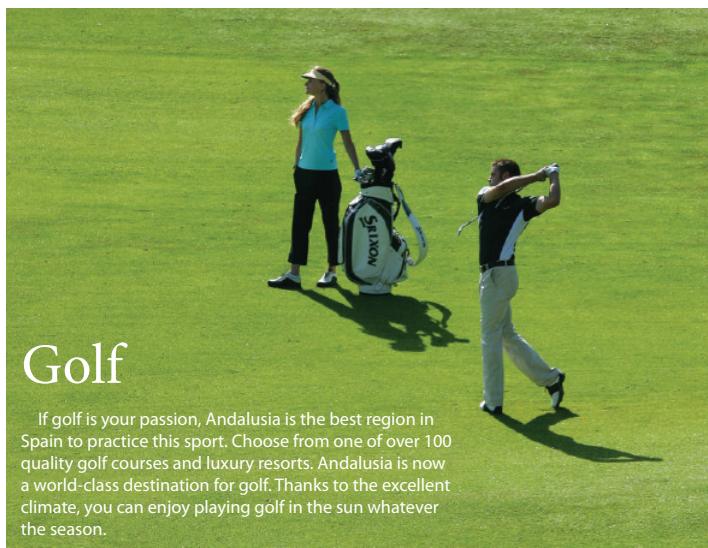
Andalusia
Spain





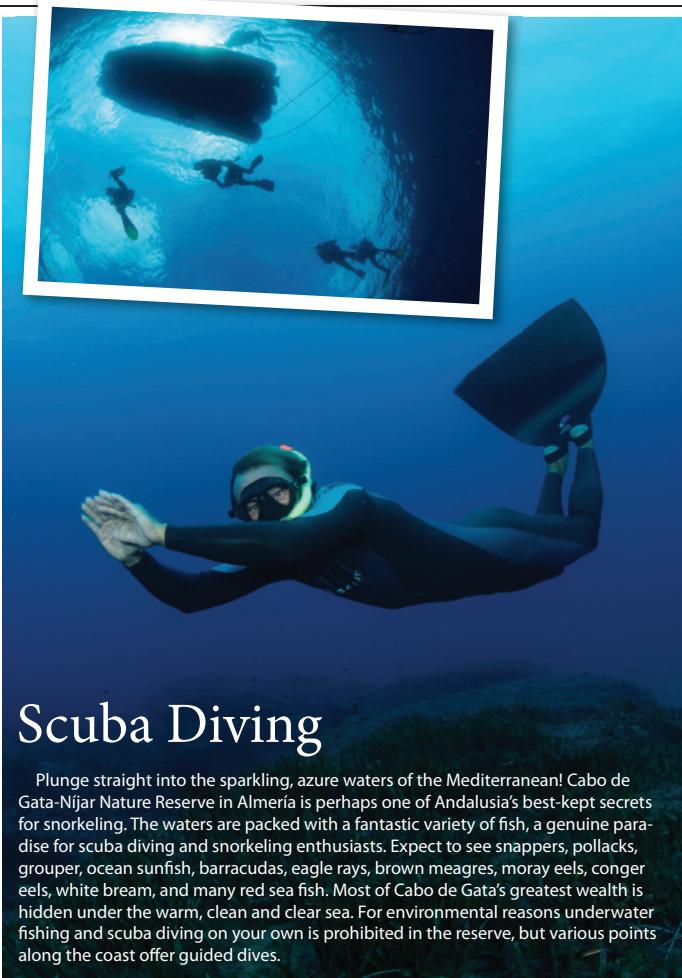
Explore cities

Spring and Autumn are the best times of year to visit any of the inland towns and cities in Andalusia. Pack a hat, visor or other sun gear, visit Granada, Seville, Córdoba, Ronda or any of the other numerous historic cities and immerse yourself in their haunting Islamic palaces and monuments on pleasantly warm, clear days. If you hunger for peace and quiet, hide away in one of Andalusia's unspoiled villages.



Golf

If golf is your passion, Andalusia is the best region in Spain to practice this sport. Choose from one of over 100 quality golf courses and luxury resorts. Andalusia is now a world-class destination for golf. Thanks to the excellent climate, you can enjoy playing golf in the sun whatever the season.



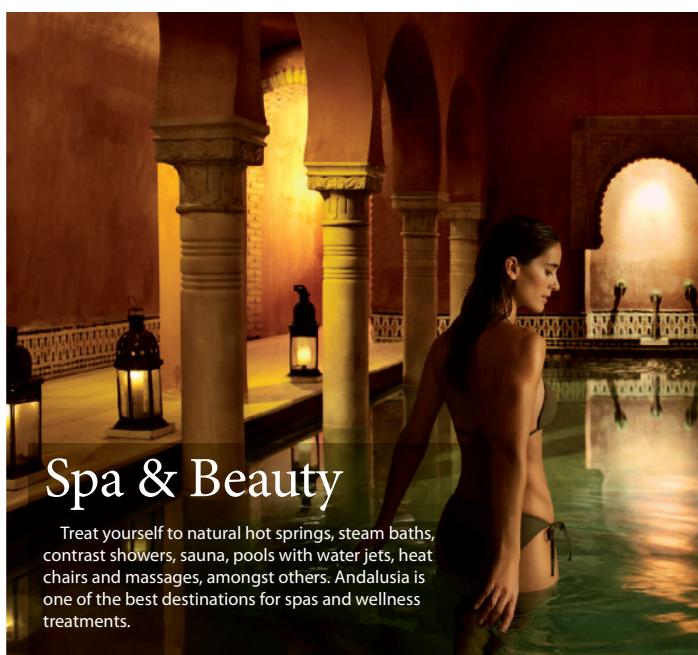
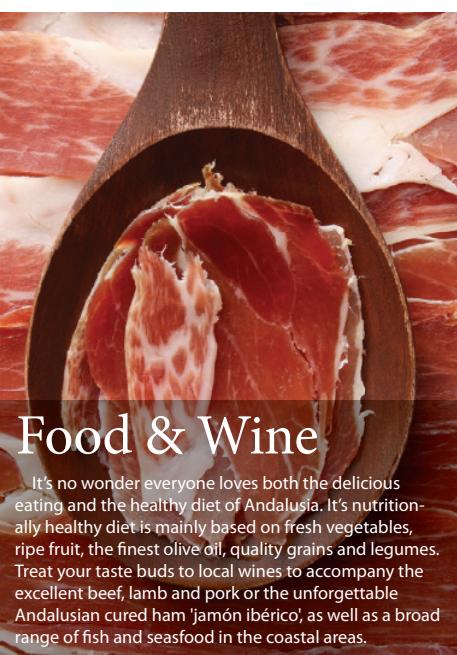
Scuba Diving

Plunge straight into the sparkling, azure waters of the Mediterranean! Cabo de Gata-Níjar Nature Reserve in Almería is perhaps one of Andalusia's best-kept secrets for snorkeling. The waters are packed with a fantastic variety of fish, a genuine paradise for scuba diving and snorkeling enthusiasts. Expect to see snappers, pollacks, grouper, ocean sunfish, barracudas, eagle rays, brown meagres, moray eels, conger eels, white bream, and many red sea fish. Most of Cabo de Gata's greatest wealth is hidden under the warm, clean and clear sea. For environmental reasons underwater fishing and scuba diving on your own is prohibited in the reserve, but various points along the coast offer guided dives.



Caving

There are a surprising number and variety of natural caves that allow the adventurous to explore and discover a part of Andalusia's natural beauty that few people know exist. Cueva de Gato measures 4.5km in length and crosses the Sierra de Grazalema, following an underground river that can be accessed only with a permit and guide, as the interior can be dangerous in winter. Other caves, which are well known and open to the public, can be found throughout Andalusia and its mountainous areas.



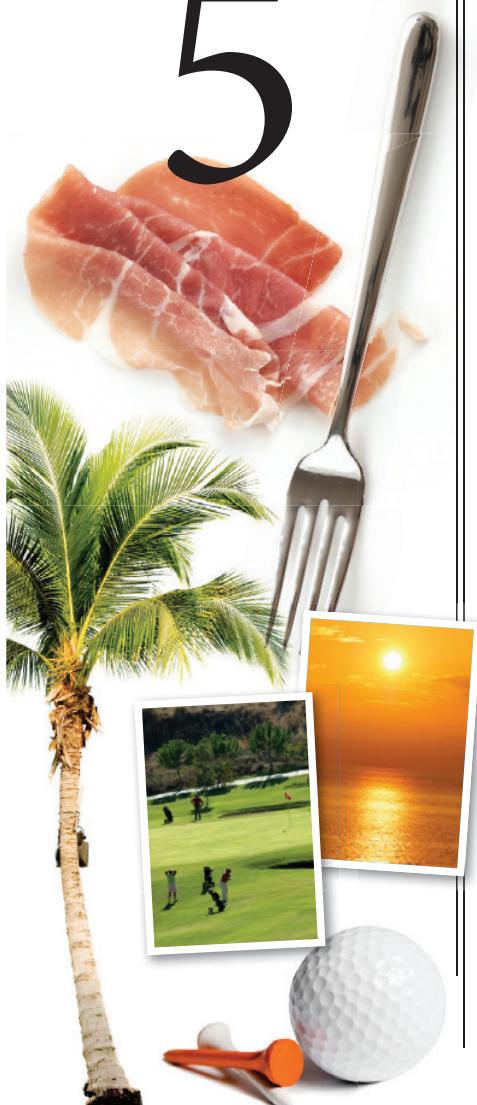
Food & Wine

It's no wonder everyone loves both the delicious eating and the healthy diet of Andalusia. Its nutritionally healthy diet is mainly based on fresh vegetables, ripe fruit, the finest olive oil, quality grains and legumes. Treat your taste buds to local wines to accompany the excellent beef, lamb and pork or the unforgettable Andalusian cured ham 'jamón ibérico', as well as a broad range of fish and seafood in the coastal areas.

Spa & Beauty

Treat yourself to natural hot springs, steam baths, contrast showers, sauna, pools with water jets, heat chairs and massages, amongst others. Andalusia is one of the best destinations for spas and wellness treatments.

ANDALUSIA'S TOP 5



TOP 5 Tapas

1
ESPETO DE
SARDINAS

BBQ'd Sardines, a typical seaside "snack"

2
SALMOREJO OR
PORRA ANTEQUERANA

A thick gazpacho topped with ham

3
JAMÓN
IBERICO

This ham from acorn fed pigs, literally melts in your mouth!

4
TORTILLA DE
PATATAS

Typical Spanish dish, egg omelette with fried potatoes

5
PIPIRANA

Refreshing salad with peppers, tomato, onions & cucumber.

TOP 5 Golf holidays

1
VALDERRAMA GOLF
CLUB, CÁDIZ

Where Europe won the Ryder-Cup in 1997

2
PARADOR DE GOLF,
MÁLAGA

Near the airport and a short walk to the beach

3
MIJAS GOLF INTL,
MÁLAGA

Its flat courses are one of the most visited

4
MONTECASTILLO
GOLF, CÁDIZ

Widely regarded as the finest course in Cádiz

5
REAL CLUB DE GOLF
SEVILLA

With wide fairways, large greens and lakes.

TOP 5 Beaches

1
LA BARROSA BEACH,
CÁDIZ

White sand and crystal water

2
BEACH LAS
ACACIAS, MÁLAGA

Urban beach with family atmosphere

3
PUERTO REY BEACH,
ALMERÍA

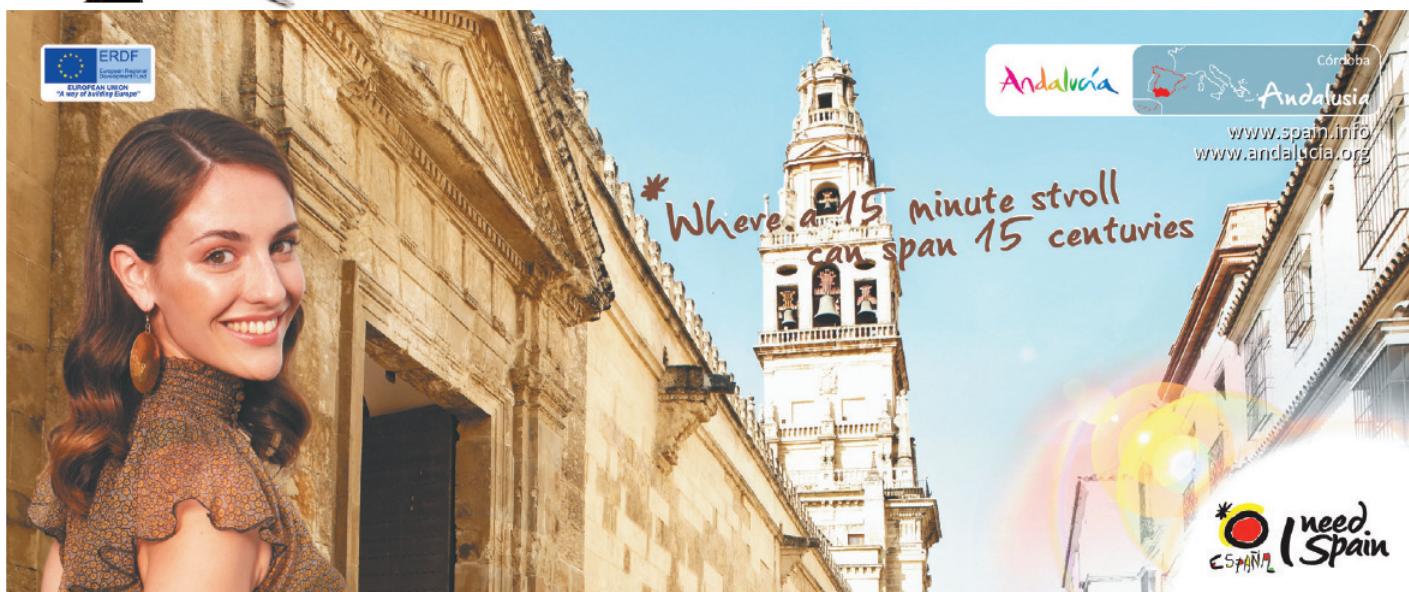
Famous for its blue water lagoon.

4
MOTRIL CARCHUNA
BEACH, GRANADA

Clear water perfect for fishing enthusiasts

5
MATALASCAÑAS
BEACH, HUELVA

A "must see" beach





► The Golden Gate Bridge

Dreamy California

SAN FRANCISCO IS ONE OF THE COOLEST PLACES ON EARTH – PERIOD. BUT WHAT IF YOU ONLY HAD 24 HOURS? DOROTHY ROBINSON ON HOW TO HAVE THE SF DAY OF YOUR LIFE



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"Like America herself, San Francisco represents the cultural melting pot that defines much of the country — only with an extra attitude and swagger unique to this part of California."



For more information check out onlyinsanfrancisco.com



Where I'd eat



Where I'd lunch

Marina District

For dinner, try the Marina District — a short walk from picturesque views of the Golden Gate Bridge. For comfort food, head to Perry's on Union Street (perryssf.com) or for a something a little bit more up scale, A 16 (a16sf.com) on Chestnut.

Mission District

16th and Valencia Take a cab across town to the Mission District. Whether craving a taco or burrito (Taqueria Cancun — 2288 Mission St.) or something more sweet like a crepe (Ti Couz — 3108 16th St.) the area has a variety of food and drink options.

How I'd spend the night



FLICKR CC MYOLDPOSTCARDS

Spend the morning



Giants game

sfgiants.com Between April and September, there is a good chance that San Francisco's baseball team might be town for a game. Tickets can be purchased on the Giants Web site and the beautiful ballpark is walking distance from the hotel.

Urban hike

explorecali.com Bring your walking shoes because you will be traipsing you through "The City" on an urban hike unlike any other. From rooftop gardens to the top of famous Nob Hill, the popular four mile loop is a great way to see the city.

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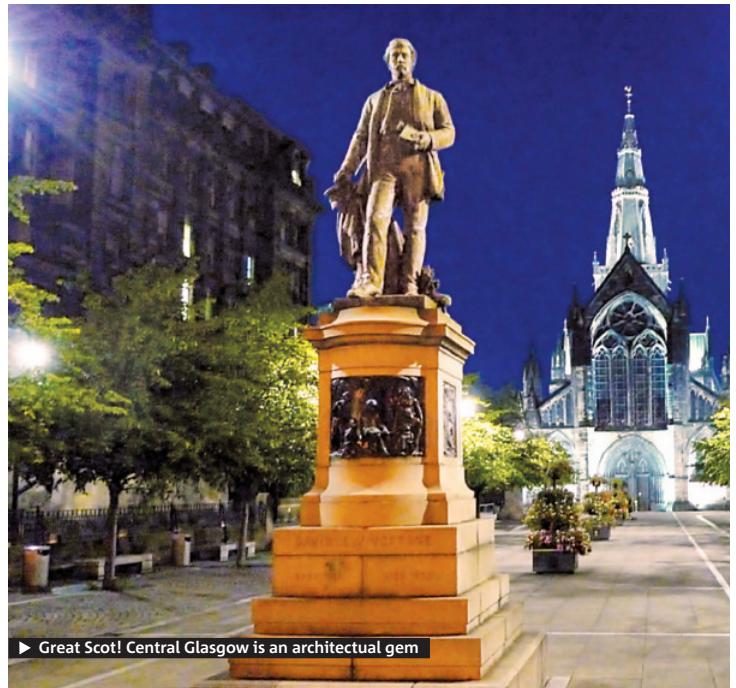
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FLICKRCC ZOETNET



► Great Scot! Central Glasgow is an architectural gem

A Glasgow kiss

Often the butt of much comedy stereotyping, Scotland's industrial heart is actually a fantastically buzzing modern city which with a dignity and beauty which will take your breath away...



PAUL BALDWIN
TRAVEL@METRONEWS.CA
METRO WORLD NEWS IN LONDON

Otherwise, whatever time of year it is, take a coat!

DON'T Be partisan

They take their football very seriously here so if you are invited to offer an opinion on the ongoing, and occasionally lively, Celtic v Rangers debate your best plan is to feign ignorance and claim to be an ice-hockey fan!

SAY

Alba gu bràth!

Roughly translated as Scotland forever. Used as a rallying cry in *Braveheart* and occasionally heard late on Friday and Saturday nights!

A little England-baiting will also endear you to most Scots as they have a love-hate relationship with their nearest neighbours. That is, they love to hate them!

DON'T SAY See you Jimmy!

Despite being the source of much humour from bad comedians, the phrase "see you Jimmy" is almost never ever heard in real life.

However, if you did happen to hear it you may wish to move quickly in the opposite direction.

 *For more information check out glasgow.gov.uk

SEE

The School of Art

This building in Renfrew Street, which is still a thriving art college, was designed by Charles Rennie Mackintosh and is as sublime an example of art nouveau as you will find anywhere.

Take a guided tour (daily, email shop@gsa.ac.uk) or just walk the perimeter and marvel at the details.

HEAR

The impenetrable Glasgow accent!

Even fellow Scots struggle with the deep dark guttural Glasgow accent so don't be afraid to ask people to slow down.

Of course not all Glaswegians use this incomprehensible tongue but as Friday night wears on in Sauchiehall Street an increasing number do.

WEAR

A kilt

Nip into Macgregor and Macduff on Bath Street and hire a full dress kilt for about \$120.

If you're feeling really *Braveheart* you can even buy one for about \$500.

EAT

Deep Fried Mars Bar

Oh come on.. it was a joke! Try Lux in the Great Western Road for baby black pudding on smoky bacon potato scone or Rab Ha's in Hutcheson Street for the full haggis, neeps and tatties — don't ask what it is, just eat!

DRINK

A pint o' heavy

A dark bitter ale, usually McEwans, served everywhere.

Despite it's name it's actually not that strong at about 3.7 per cent abv.

Alternatively have a cup of tea at The Willow Tea Rooms in Sauchiehall Street, also beautifully designed by Rennie Macintosh.

DO

Enjoy the museums

There are 13 in total and each one is brilliant in its own way.

The Kelvingrove and Museum of Modern Art are international class galleries but don't miss the People's Palace for the fascinating true story of the city.

Harry Potter and the killer theme park

► The cloak of invisibility has finally been raised on America's new Harry Potter themepark ► Six years in the making, at a cost of \$200m, it comes with the blessing of JK Rowling ► But is it any good?

 PAUL BALDWIN
TRAVEL@METRONEWS.CA
METRO WORLD NEWS IN LONDON

It can probably fairly claim to be the most magical attraction in the world, because this is Wizarding World — America's Harry Potter themepark.

The new Hogwarts styled attraction at Universal's Islands of Adventure complex in Orlando, Florida, was almost six years in the making and cost around \$200 million. And it's pretty spellbinding.

Visitors are welcomed through a stone arch into Hogsmeade village by the Hogwarts Express steam train. So far, so authentic.

They walk into scene straight from the movies

.....
For more information check out universalorlando.com/harrypotter

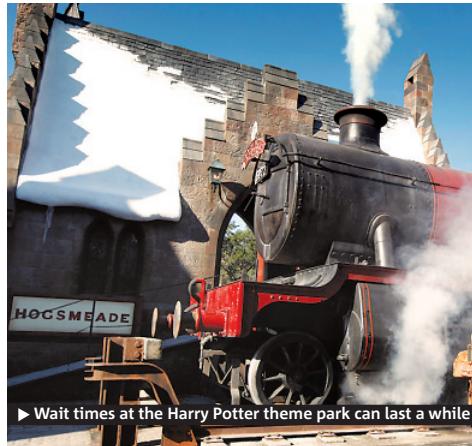


"It's a ride like no other. It combines amazing new technology with 3D imagery, with lifesize stuff coming out at you."

TOM FELTON, WHO PLAYS DRACO MALFOY

with Zonko's joke shop selling Sneakoscopes and extendable ears next to Honeydukes sweet emporium for Bertie Bott's Every Flavour Beans.

Marvellously, there is no Coke or Pepsi — only pumpkin juice and Butterbeer, Cornish Pasties and Scotch eggs.



But the real attraction for us Muggles is the CGI mega-ride Forbidden Journey, hidden in the spires of a very authentic-looking Hogwarts Castle and accessed (of course) via the Room of Requirements.

And it is amazing. A combination of thrilling 3-D imagery and real life props take you on a four minute ride past the Whomping Willow, over the Forbidden Forest, through a game of Quid-

ditch with Harry and Ron, and face-to-face with innumerable demons before returning to the Great Hall.

It's not the world's first 3-D ride, but it may well be the world's best.

But one aspect, as un-

mentionable as Voldemort himself, is the wait time. This can be upwards of two hours — indeed one visitor claimed five hour wait in the Florida heat.

It's good, but it's not that good.

There are just two other main rides in the park — the family friendly Flight of the Hippogriff mini roller-coaster and Dragon Challenge, a high-speed double rollercoaster based on a Tri-wizard Tournament.

The rest is basically buying stuff. Admittedly, if you are a fan, it's cool stuff.

There are \$25 US wands which just like Harry's 'pick their owner,' wizard robes, golden snitches, and you can send postcards home via Owl Post. All in all, no fan will be disappointed. Day tickets to the Islands of Adventure theme park, including the WWHP area, cost \$79 US per day for adults, \$69 for children.



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+ taxes & fees \$122

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+ taxes & fees \$113

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HIGHLIGHTS Lima, Sacred Valley, 4-day Inca Trail hike, Machu Picchu, Community homestay, 2-day Volunteer Project and Cuzco. Departs Lima.

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Toasted Couscous BLT Salad



► Toasted Couscous BLT Salad.

THE ASSOCIATED PRESS

► An exotic twist to an longtime favourite ► You can add chicken or turkey for nice light dinner option

Ingredients :

- 170 g (6 oz) bacon, cut crosswise into 5-mm (1/4-inch) strips
- 125 ml (1/2 cup) large pearl couscous
- 15 ml (1 tbsp) cider vinegar
- 15 ml (1 tbsp) lemon juice
- 2 ml (1/2 tsp) Dijon mustard
- 30 ml (2 tbsp) extra-virgin olive oil
- 500 ml (2 cups) chopped iceberg lettuce
- 500 ml (2 cups) diced fresh tomatoes
- Salt and ground black pepper, to taste

To combat lunch bag boredom, you need to straddle that fine line between exciting and familiar, which is just what this toasted couscous BLT salad does.

Exotic, large pearl couscous gets dressed up with all the ingredients of that

perennial favourite — the bacon, lettuce and tomato sandwich — and tossed in a lemony dressing to create a packable salad that will appeal to the whole family.

To give even more heft to this lunch, and perhaps turn it into an easy light supper, add thickly sliced or diced smoked turkey or chicken.

Preparation:

- 1 In a medium saucepan over medium heat, cook bacon, stirring often, until crisp, about 10 minutes. Using a slotted spoon, transfer bacon to a plate lined with paper towels to drain. Pour off all but 15 ml (1 tbsp) of the bacon fat from the saucepan.
- 2 Return saucepan to stove over medium-high. Add couscous and toast, stirring often, un-

til lightly browned, 2 to 4 minutes. Spread toasted couscous on a baking sheet to cool for 15 minutes.

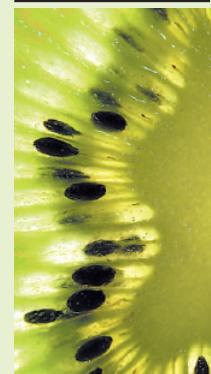
- 3 Meanwhile, to make dressing, in a small bowl, whisk together vinegar, lemon juice and mustard. While whisking vigorously, drizzle in olive oil. Set aside.

- 4 In a large bowl, combine lettuce and tomatoes.

- 5 When couscous has cooled, transfer to bowl with lettuce and tomatoes. Add reserved bacon and dressing, then toss well to coat. Season with salt and pepper. Serve immediately or store, covered, in the refrigerator for up to 1 day.

THE ASSOCIATED PRESS

Superfood: Kiwi



"Eat your greens" is a phrase we have all been told at least once in our lives, expect sometimes we just wish we didn't have to.

Bright green and bursting in vitamin C (more so than oranges) and potassium, the kiwi fruit is a great alternative to soggy spinach. Slice one in half and for breakfast or add to yoghurt or cereal and you will be buzzing with health.

● ROMINA MCGUINNESS

THE CANADIAN PRESS

Peach season coming early

Like just about every summer crop of fruits and vegetables this year, fresh locally grown peaches are ahead of season.

Because of an early spring and more recently warm moist weather, the early semi-freestone variety is already in farmers markets in Ontario, says Len Troup, chairman of the Niagara-based Ontario Tender Fruit Producers. He expects freestone peaches to be available by Aug. 12.

"I think some people have a certain date in their heads when peaches are going to arrive. Well, they are here."

The flesh of the semi-

freestone partially clings to the pit and these peaches are excellent for eating out-of-hand, says Troup.

When shopping for domestically grown peaches in the supermarket be sure to check labels because there is a lot of imported product just now.

"U.S. peaches are simply different and they have an earlier season, so they get a jump on the market," says Troup.

However, this week many chain stores will have the local peaches.

"It's just a matter of having the volume building up. What happens is the small markets and farmers markets will pay

22,000

This year's peach harvest is expected to produce approximately 22,000 tonnes of peaches, all of which will be supplied to the Canadian fresh fruit market.

a premium to get those first peaches and that is good," Troup says. "Why not let the small markets get advantage for a few days?"

Other parts of Canada, such as Quebec, the Maritimes and in the west, won't see the early peach-

es, but they will see shipments of the freestones like Red Haven by mid-August, he says.

"This second crop is the best quality for travelling the distance and holding up well," he says.

These are the peaches that can be preserved, frozen, sliced and eaten fresh out-of-hand and withstand the rigours that the early cannot, Troup explains.

In addition to fresh peaches, the province will supply approximately 4,400 tonnes of pears, 2,800 tonnes of nectarines and 2,800 tonnes of plums for the fresh market.

THE CANADIAN PRESS



► Niagara Chef Mark Picone preparing a meal at his culinary studio in Vineland, Ont., in this undated handout photo.

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That's the last straw

► **Enduring abuse from an office bully can be physically and emotionally damaging**

DREW HINSHAW
METRO WORLD NEWS

What's the worst thing about the office bully?

It's not the devastating putdowns, the passive-aggressive scoffs, or even the exhausting smirk on the know-it-all's face.

For Dr. Gary Namie of the Workplace Bullying Institute, it's that the bully usually wins — in 64 per cent of cases, Namie says, the victim winds up jobless.

"Unfortunately, targets are often the person that gets ostracized, and seen as the problem," agrees NoWorkplaceBullies.com blogger Catherine Mattice. "Like, 'Get over it, we're adults here. What do you mean you're being bullied?'

But workplace childishness is common, and it's no playground for the victims, many of whom, Namie says, "Suffer anxiety, depression, even PTSD in the

"Go out guns-a-blazing. Later, you can say I worked for a bully and I chose not to be there anymore."

DR. GARY NAMIE

most severe cases."

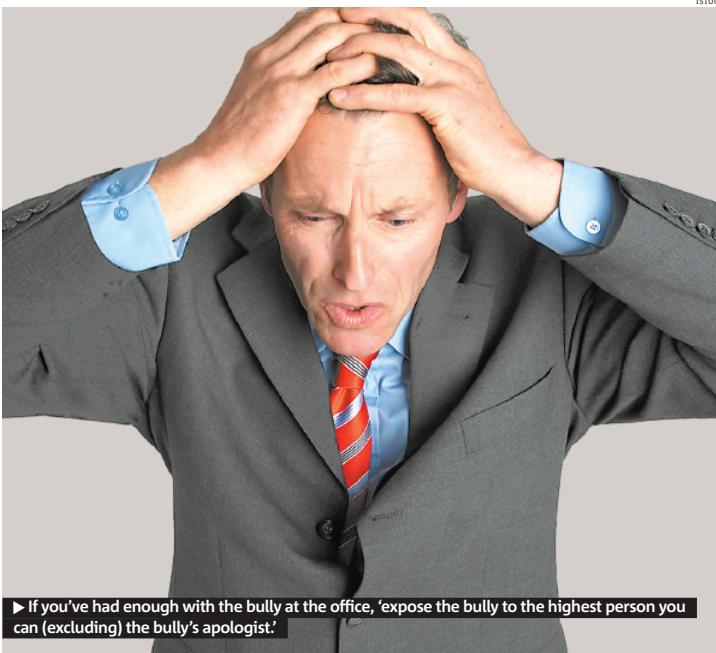
Here are three steps to let your tormentor know you won't take it anymore.

Step one:

"Name it," recommends Namie. "Call it bullying, psychological violence. Stop self-blaming." For the pushovers who bullies often pursue, "that may take weeks, months, even years," Namie admits. Although, if you catch on early, Mattice suggests cornering your intimidator for a chat. "That's only a tactic you should use right at the beginning," she warns. Afterwards, let your body language do the talking. "Use their name, look them in the eyes, and stand with your chin up, arms at your side," she advises.

Step two:

Call in sick — because you are. "Stress related health diseases can kill," Namie notes. Spend your day off building what he calls a "business-based, dollars and cents" case against the bully. Are they affecting turnover? Absenteeism? Company reputation? "Try to put dollars to that," he says. "Document everything," Mattice adds. "Any e-mails you received, instant messages, phone messages."



► If you've had enough with the bully at the office, 'expose the bully to the highest person you can (excluding) the bully's apologist.'

Step three:

"Expose the bully, to the highest person you can (excluding) the bully's apologist," Namie says. "Speak in third party terms. Make the case that this bully is too expensive to keep." It probably won't work, he cautions. "So why do it? For your mental health," he offers. "Go out guns-a-blazing. Later, you can say I worked for a bully and I chose not to be there anymore."

If you're being bullied at work, it's time to read up on Bill 168, a new law that was passed in Ontario, and then see if your province offers any way for you to fight back. The Ontario bill says violence and harassment at work is a workplace safety hazard.

Donna Marshal, CEO of the Harassment Education Advisory Response Team, program says at one time

70 per cent of targets had the chance of losing their jobs if they complained. "Now they have the right to refuse to work with a violent or harassing individual," she says. The law also mandates employers to deal with workplace bullies.

Nova Scotia has a similar law; Quebec, as well, has a variety of anti-bullying rules under statutes.

BRYAN BORZYKOWSKI

New bill against bullies

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Does school need a recess coach?

► Kids these days may need someone to help them start to play



► Children can benefit from a recess coach, proponents say.

For years, recess at Grout Elementary School in Portland, Ore., was fraught with the same sort of playground woes common in many places.

Some kids would play, some wouldn't. Some roughhoused and got into tussles. Resolving those tussles, teachers said, ate into post-recess classroom time.

"Kids are not inherently kind to each other," said principal Susan McElroy.

The pattern was broken about a year ago when McElroy hired a recess coach to help children do what they used to do naturally: Play.

Now, Grout has its own professional coach on school grounds all day who not only organizes and supervises playground games, but also trains kids to be junior coaches, teaches conflict resolution and serves

as a mentor, McElroy said.

A growing number of schools nationwide are hiring playtime professionals to help transform recess from a free-for-all into what they hope will be a healthier physical experience. In some cases, that means hiring full-time professionals; in others, it might mean training school staff and parent volunteers.

The idea of putting recess in the hands of professionals, however, has drawn criticism from those who feel that childhood today is in danger of being micromanaged by adults. Learning to play co-operatively is an important step in children's development, and that includes learning how to handle difficult situations, they say.

McElroy, the Grout principal, said the days are

gone when kids were adept at finding ways to play creatively on their own. The rise of electronic entertainment and the decline of spontaneous neighbourhood play have left many children ill-equipped to handle unstructured playground time; they don't have the social skills.

"Kids by and large don't know how to do that anymore," McElroy said. "They weren't doing it, anyway."

Alexandra Penn, founder of Champions Against Bullying, a non-profit that offers workshops and other services, agrees. She says more playground supervision is essential, as is specific training in how to manage bullying.

"Kids bully for many reasons and they also bully because they can," Penn said. "Who's stopping them?"

Need for recess

► Schools should ensure all children — including those prone to being bullied — receive the benefits of recess. "Play stretches a child's imagination and boosts self-esteem," Penn said. "Children become more resilient and developed."

Having recess coaches doesn't mean that schools have lost sight of the benefits of self-motivated play, proponents said. Helping kids get there is part of the plan.

As head of a culturally diverse school, McElroy said, she welcomes all opportunities for co-operative learning.

"Anything we can do like this helps build a school community," she said. **THE ASSOCIATED PRESS**

ADVICE

Don't shelter kids from failure

Lee Igel, a New York University assistant professor who has worked with schools as a sports and organizational psychology expert, said recess coaching is well-intended.

But the problems it is meant to address, he said — stopping bullying, encouraging inclusion, fostering co-operation — are too wide-ranging and have deeper causes.

"We've always had bullies, but it seems to be on the increase," Igel said. He thinks that's the result of changing social values "and how people and community are no longer there." Fixing those problems must be done on a larger scale and start with a discussion of values.

In addition, Igel said, some of the hard lessons learned on the playground — being picked last for a team, for instance, or not gelling with other kids — often turn into motivation for success, or at least lend perspective, later in life.

"You don't want to set children up for failure," said Igel, "but you don't want to always prevent it either."

THE ASSOCIATED PRESS

Workplace Law

DANIEL LUBLIN

EMPLOYMENT LAWYER WITH WHITTEN & LUBLIN LLP DAN@TORONTO-EMPLOYMENTLAWYER.COM



KEEP YOUR SKELETONS IN THE CLOSET

Employees often author their own workplace misfortunes. Few take advantage of laws that are construed in their favour. Fewer will challenge their employer's decisions, however unjust. Most will just complain. But if you have an inclination to fight back, here are some do's and don'ts:

Do not sign severance agreements without asking for more. Companies deliberately offer you the minimum payments only since, statistically, most people will just take what they are offered, happy to get anything at all. This is a critical mistake. There is usually some flexibility in the figures — so ask for more.

Do be wary of skeletons in your closet. Just about every employee has one. If yours is so bad you can't risk it being exposed, then do not challenge your employer's decision to discipline or dismiss you, however unjust. Some workplace skeletons, although not harmful to your case, will ultimately be harmful to your reputation.

Do protest your employer's decisions that you disagree with, such as not receiving a salary increase or promotion, and do it in writing. Failing to respond simply conveys to your employer that you agreed with its decision or at least that you did not care enough to complain. Similarly, many good constructive dismissal cases die on the vine because of a delay in mounting a complaint. For a court to believe that you had no choice but to leave, then swiftly do just that.

Do pick your battles prudently: In one recent case, the employee lost because he challenged his employer's efforts to restructure, although it was done to limit lost inventory. Do not expect the sympathy of your employer or a court when you challenge good faith decisions to cut costs.

JON TATTRIE/FOR METRO HALIFAX



► MacCormack's Beach offers a refreshing getaway on a hot day.

► Eastern Passage is a 20 minute drive to an entirely different world

 **JON TATTRIE**
FOR METRO HALIFAX

Eastern Passage got its name because it is the eastern passage into the Halifax Harbour and a visit there today will revolve

around the ocean. A 20 minute drive from Dartmouth quickly speeds you away from the bustle of city life and into the calm of the countryside.

First stop should be MacCormack's Beach, just beyond Fisherman's Cove.

northern gannets, belted kingfishers, black-billed gulls, Canada geese, bald eagles, great blue herons and even the piping plover. This puffy little bird is an endangered and protected species in Canada and enjoys long walks on the beach in search of worms, various crustaceans, insects, and occasionally bivalve mollusks. It's seen during its spring and fall migrations.

● JON TATTRIE

This tidy little provincial park is a short loop on boardwalks over marshland, but it covers a lot of ground in terms of wildlife, with a range of birds in the air and fish in the water, flowers and plants and spectacular views. The vista includes the endless Atlantic Ocean (next stop: Spain), the semi-wilderness of Lawlor Island, the skyscrapers of downtown Halifax and the adorable Fisherman's Cove.

The boardwalks are popular with people who use wheelchairs and other mobility aids, as it's accessible.

If you feel like going on a mini ocean adventure, book a passage to McNabs Island. Haligonians spend a lot of time gazing fondly and the big, wooded harbour island, but few actually visit it. Captain Red

Beard (a.k.a. Mike Tilley) operates the McNabs Island Ferry (mcnabsisland.com) from Eastern Passage. He offers tours of the island that take in the ruined British forts, the lighthouse, a graveyard and lots and lots of nature.

McNabs also doubles as the global headquarters of Bastionhost, a company that turns old nuclear bunkers into secure hosting for internet companies.

The Passage area is blessed with some of HRM's best beaches, from Rainbow Haven to the Cow Bay coastline.

In fact, the Canadian Tourism Commission named it one of Canada's must-experience winter destinations this year. Yes, winter: You can surf the waves year-round, but the biggest and best waves come in winter.

Reader's comments

What's the best thing about living in Eastern Passage?



Sandy Kennedy

The fresh air and friendly people in a stress-free environment.



Ron Sollows

It's close to the city, but almost like you're in the country.



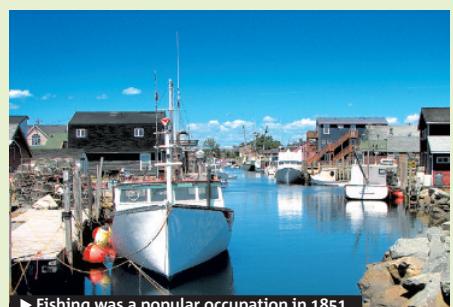
Gail Lockie

I like the atmosphere. It's very calming, even on a stormy day.



Lindsay Young

It's definitely the harbour. It's a great spot.



► Fishing was a popular occupation in 1851.

Over 300 years of history

In his book, *The View from Here: An Oral History of Eastern Passage, 1864-1945*, author Joe Brown focused on the history of Eastern Passage from 1864 to 1945, but he also looked at the remainder of its history.

"One of the big discoveries that was made through the book was that it was a history of a fishing village that was [in] very close proximity to Halifax, but it was very rural," says Brown.

The history of Eastern Passage as a European settlement dates back over 300 years to 1700.

Eastern Passage fell under Mi'kmaq territory, but the Mi'kmaq used the community mostly as a summer settlement.

In an 1827 census, the population of Eastern Passage was listed as 157 people. Interestingly, fishing was not reported as any of the families' occupation.

Just 24 years later, the population of Eastern Passage more than quadrupled to 661 people, with almost half of the families listing fishing as their occupation.

● RICHARD WOODBURY/
FOR METRO HALIFAX

Birding places

Eastern Passage is a popular spot for old-fashioned tweeting. The mix of forest, meadow, rivers, marshes, beaches and oceans make bird lovers crow with joy. The eagle-eyed visitor may see goldfinches, yellow warblers, yellow-bellied sapsuckers (which doubles as a great insult), double-crested cormorants,

● JON TATTRIE

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Bringing the past into the future

JON TATTRIE
FOR METRO HALIFAX

Fisherman's Cove is a little piece of the past tucked along the shore of Halifax Harbour. The Eastern Passage community's mix of shops, crafts and colourful characters make it feel like an 1880's fishing village.

In fact, it's one of the newest developments in HRM. Fisherman's Cove was once merely a fishermen's cove, but the decline of the industry saw the once busy fishing port reduced to a shadow of its former self until the late 1990s, when residents decided to revive it as a hybrid working fishing village and tourist attraction.

Today, the harbour is once again busy with fishing vessels and pleasant boardwalks dotted with shops offering food, drink and souvenirs, making Fisherman's Cove a great day trip. Dockside Treas-



► Visitors enjoy the shops at Fisherman's Cove

ures is the first shop most people reach and it sells local books, art, crafts and plenty of mementos. At the

Cove's Top 5

- 1 Visit St. Andrews Church, which was first built in 1850 and rebuilt in 1926
- 2 Swim at MacCormack's Beach
- 3 Check out the animals up close at the Marine
- 4 What could be more Nova Scotian than stocking up on Newfie goods at the Skipper's General Newfoundland and Maritime Store?
- 5 Grab a cone at What's the Scoop

Interpretive Centre

other end of the village, Just Browsing offers similar wares, with a focus on crafts.

The Fisherman's Cove Gallery is a small gallery run by a local artists' cooperative. The walls are full of sunsets, waves and wildlife and if you find a piece you like, there's a decent chance you'll buy it from the artist herself, as the gallery is staffed by the artists on a rotating basis.

For food, the Boondocks Lounge and Dining Room is

one of the bigger spots in the village, anchored on the other end by the Wharf Wrap Restaurant and the Passage Ale House. In between are more intimate spots like Paige's Place Restaurant and a handful of ice cream parlours.

For the more adventurous, A & M Sea Charters provides whale-watching voyages from the Cove. Departing daily at 5:30 p.m., the operators guarantee that you'll see a whale, or your next trip is free.

Sunset painting

Clyde Henneberry (clyde-henneberry.com) dabbled in painting when he was a schoolboy, but it soon fell to the wayside as he became a working lobster fisherman.

When he turned 64, the

Eastern Passage man's wife began suffering from Alzheimer's disease.

Henneberry quit his job to look after her and, to pass the time, picked up a brush and discovered a huge talent awaiting him.

Over the next 22 years, his style of vivid realism captured life in the Cove, including a painting of two



old fishing buddies called Young Harold and The Gannet that is impossible not to smile at.

His scenic The Captain Kent is being turned into a mural at one end of Fisherman's Cove.

Prints of his work are available at Dockside Treasures.

● JON TATTRIE

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Celebrating two decades



► The Friends of McNabs Island Society has a volunteer maintenance agreement with Parks Canada. In March, a group of volunteers cleaned up the McNabs Family cemetery.

► Friends of McNabs Island Society's beach cleanups have collected over 9,000 bags of garbage

**RICHARD
WOODBURY**
FOR METRO HALIFAX

As president of the Friends of McNabs Island Society, Cathy McCarthy was hooked after her first trip to the Island.

"It just seemed like a very special place to get away from the hustle and bustle of the city," she says.

"My first impression of the Island was that it was located in Halifax Harbour—a busy metropolitan area—yet it was almost like stepping back in time," she adds.

The Friends of McNabs Island Society was formed in

1990. At the time, the city of Halifax was considering building a sewage treatment plant on the island, something the Society opposed.

"Back then, we had suggested it would make a lot more sense to have three smaller plants around the Harbour, rather than tunnelling all the way out to McNabs," says McCarthy.

"Plus, it didn't fit with a natural environment park," she adds.

Nowadays, the Society is responsible for outreach and services for the Island, including guided tours, cutting grass and trail maintenance.

Last year, the group launched a major fundraising initiative and raised \$270,000 to improve the trails on the Island, which were heavily damaged after Hurricane Juan levelled 40 per cent of the trees on the Island. (The Society is a registered charity and can issue tax receipts for donations.)

The Society is also well-known for its twice yearly beach cleanups in June and September. McCarthy estimates they have cleaned up 9,000 bags of garbage. Coffee cups, plastic bags and tampon applicators are frequent finds.

Island facts

- McNabs Island is approximately 5 km long and 1.5 km wide.
- It is close to 1,000 acres in size.
- It is about 10 minutes by boat from Eastern Passage and 25 minutes by boat from downtown Halifax.
- The French used the Island as a fishing centre in the 1690s.
- The French had considered building what later

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sports

Sports in brief



1 Cubs manager Lou Piniella will retire at the end of the season.

2 Reports say Diego Maradona will remain as coach of Argentina's national team.

3 Dodger Manny Ramirez is on the DL for third time this season.



Scan code for news



► Halifax Mooseheads centre Brent Andrews will vie for a spot on Canada's summer under-18 men's hockey team at a selection camp at month's end.

A career-changing opportunity for Herd's Andrews?

MATTHEW WUEST
@METRONEWS.CA

While his Halifax Mooseheads teammates are home enjoying their summer, Brent Andrews will sweat it out at one of the most important tryout camps of his young career.

The 17-year-old centre leaves next week for Hockey Canada's tryout camp for their summer under-18 team that will compete at the Ivan Hlinka memorial tournament in Slovakia and the Czech Republic in August.

"I'm just going to go and work as hard as I can, do the best I can, and hopefully make the team," Andrews said.

That pretty much sums up the Hunter River, P.E.I., native's approach to everything. His put-your-head-

"I've been training hard this summer. I'll see when I get to camp (if it makes a difference) but I feel stronger and faster, so hopefully that's the case."

BRENT ANDREWS

down-and-work mentality as a QMJHL rookie made him a favourite of the Mooseheads' coaching staff, although his offensive to-

tals — seven goals and nine assists in 64 games — were modest.

Andrews flashed more offensive upside with Team

Andrews in 2008-09 before lighting up the junior A ranks last season.

"Darcy works like a dog," Andrews said.

"He's a character guy, he's skilled, he has high hockey IQ and he can put the puck in the net. I'm excited."

"We're good friends and we played a lot of hockey together growing up." METRO HALIFAX

Friends become teammates again

Brent Andrews is looking forward to being reunited with Darcy Ashley.

Ashley, a high-scoring winger drafted by the Halifax Mooseheads in June, played midget with

Atlantic at the world under-17 challenge last December, producing five points in five games.

"I was a little more confident in my abilities playing with players my own age," Andrews said.

The robust six-foot-two 198-pounder will be bigger and stronger than many of his peers at the under-18 camp, which should help him stand out.

"I imagine I'll be used in more of a power forward role, a checking centre," Andrews said.

"But I'll pretty much fall into any role they ask me to."

Andrews has never worn the Maple Leaf on his sweater and is excited about the possibility.

"It would be great to represent your country, to go overseas and do what you love to do," Andrews said.

Tough day on soccer field for Nova Scotia

Nova Scotia came up empty as the Canadian all-star soccer championships got underway yesterday.

At Mount Pearl, N.L., the under-14 girls had a strong showing but fell 3-2 in penalty kicks to Quebec. Elise Brennan and Jill MacDonald scored in regulation for Nova Scotia.

In under-16 action, Nova Scotia lost 1-0 to Manitoba.

At Sherbrooke, Que., the under-14 boys fell 4-0 to British Columbia while the under-16 boys dropped a 3-0 decision to Quebec.

Action resumes today.

METRO HALIFAX

Whalen unable to advance

Liverpool's Chelsea Whalen did not advance in women's shot put as the International Association of Athletics Federation world (19-and-younger) junior championships got underway in Moncton yesterday.

Whalen, one of three Nova Scotians at the event, placed 10th in Group B qualification with a toss of 13.28 metres.

METRO HALIFAX



Stala nabs CFL honour

Saint Mary's Huskies alumnus Dave Stala has been named the CFL's outstanding Canadian player of the week.

The Hamilton Tiger Cats receiver caught nine passes for 124 yards in a 28-7 weekend win over the Winnipeg Blue Bombers.

METRO HALIFAX

NHL rejects Kovalchuk's 17-year deal

► Devils' deal with star forward circumvents salary cap

The NHL rejected Ilya Kovalchuk's landmark \$102-million US, 17-year contract with the New Jersey Devils last night after it was deemed to circumvent the league's salary cap.

Just one day after Kovalchuk and the Devils came to an agreement on the longest contract in NHL history, the league determined that it was illegal, a person familiar with the issues raised told The Associated Press on condition of anonymity because the NHL hadn't made a formal announcement.

A source also confirmed the decision to The Canadi-



► Ilya Kovalchuk during yesterday's news conference

an Press.

The contract was rejected because years of low salary at the end of the contract were added for the sole purpose of lowering

the cap hit. The person added that no side believes Kovalchuk will play the final years of the deal at those terms. The star forward was slated to earn only \$550,000 in each of the last five seasons of the contract that was to run through the 2026-27 season, when Kovalchuk would be 44.

Only hours earlier, Kovalchuk beamed as the Devils held a news conference yesterday in their home arena to officially announce that he was coming back to the team after a lengthy free-agent courtship.

THE ASSOCIATED PRESS

France. Tour



► Lance Armstrong rides during stage 16 of the Tour de France yesterday.

SPENCER PLATT/GETTY IMAGES

Armstrong denied bid for glory

Lance Armstrong lost a sprint finish and watched his chances of a glorious stage win in his final Tour de France slip

away yesterday. He came in sixth in a sprint that was won by Pierrick Fedrigo of France, ahead of his

compatriot Sandy Casar and Ruben Plaza of Spain. Ryder Hesjedal of Victoria was 19th yesterday. THE ASSOCIATED PRESS

Pettitte lands on DL

New York Yankees left-hander Andy Pettitte has been placed on the 15-day disabled list because of a strained left groin, an injury that is expected to keep him out of the lineup for at least a month.

The 38-year-old all-star was injured Sunday while throwing a pitch.

THE ASSOCIATED PRESS

Torre mulls managerial future

Joe Torre said yesterday he'll decide in the next month or so whether to continue his managerial career with the Los Angeles Dodgers. He turned '70 last Sunday, but Torre said age won't have any bearing in his decision.

THE ASSOCIATED PRESS

Canadiens sign pair

Goaltender Cedrick Desjardins and forward Ryan Russell have signed two-way contracts with the Montreal Canadiens for the 2010-2011 season.

Both played last season for the Canadiens' AHL affiliate, the Hamilton Bulldogs.

THE CANADIAN PRESS

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2010 smart fortwo no small wonder

► Compact hatchback may look a little lightweight on the outside but once you step in, it's rock solid ► But be wary of gusting winds

 NEIL MOORE
DRIVE@METRONEWS.CA

I've never turned more heads with fewer dollars than while driving the 2010 smart fortwo coupe.

During my recent road test, this tiny two-seater probably received more smiles, nods and double takes than any high-end sports car or convertible I've had the privilege to bring home.

If you want to get no-

ticed, the smart does the trick, and for a relatively low starting price of \$14,990.

At this "pure" trim level, you get such features as power windows and locks, multifunction display and AM/FM/CD audio system with auxiliary input, but air conditioning, alloy wheels, Bluetooth and heated seats are extra.

Still, you get a pretty decent list of safety items that include anti-lock brakes with electronic

brake force distribution and hydraulic brake assist, electronic stability program and four airbags.

Cruising along one of our superhighways, I was starting to get comfortable at typical highway speeds. Sure, there's a bit of wind and road noise inside the cabin, but I've experienced worse in other subcompacts.

Then I noticed some debris up front, gusting across the highway and — wham — the smart was

nearly blown sideways. Good thing I had both hands on the wheel.

Sure, the smart cuts the wind reasonably well from the front, but this tall, narrow box with tiny wheelbase felt vulnerable to crosswinds, and with a curb weight of only 820 kg (about 300 kg less than a Honda Fit I shouldn't have been surprised at the buffeting).

But for zipping around town, the smart is in its element.

Spec box

2010 SMART FORTWO COUPE

- VEHICLE TYPE Subcompact hatchback
- PRICE from \$14,990
- ENGINE DOHC 1.0-litre, inline three-cylinder (70 hp, 68 lb/ft of torque)
- FUEL ECONOMY 5.9/ 4.8/ 5.4 litres/100km (city/hwy/combined)

Up and down

Ford-ing ahead

Ford topped other automakers with five awards in vehicle segments in the recent J.D. Power and Associates Automotive Performance, Execution and Layout study.



Radio hazard

Listening to sports commentary on the radio when you're driving could be more dangerous than drunk-driving, according to new research.

Put your own stamp on Fiesta with cool accessories

Ford is giving Fiesta customers even more reasons to love their new car with an assortment of personalized options such as custom accessories, body kits, a Fiesta tattoo and graphics.

Vehicle personalization is a booming trend, with the Specialty Equipment Manufacturers Association (SEMA) anticipating the automotive aftermarket and accessories business to gen-

erate more than \$27 billion US this year.

Ford Custom Accessories offers almost anything an owner would need to put a creative touch on Fiesta or give the car even more functionality.

If an owner is looking to light up the interior, for example, there are several choices. An illuminated gear indicator shift knob comes with a digital gear display, while illuminated



doorsill plates add special effects with an LED Fiesta logo.

There's even an interior light kit that includes one LED-generated light in the

cup holder area and a light bar in the footwells.

Owners can set a mood with their choice of seven colors that create the perfect ambience.

Want your Fiesta to look like it's ready to take to the track?

A four-piece, race-inspired body kit comes with a sculpted front air dam, side skirts and a sleek rear valance.

FROM CARGUIDE



Wagon alive in Magnum

- Dodge model liked for its muscular look and HEMI V8 power
- Best to avoid the 2.7 litre V6

SECOND GEAR

JUSTIN PRITCHARD
DRIVE@METRONEWS.CA

The station wagon had largely gone the way of the Laser Disc before Dodge re-ignited the scene with their new Magnum in 2005. This model effectively put the American station wagon back on the map with great looks, rear-wheel drive and

available HEMI V8 power. With five doors, five seats and adequate room for most families and their gear, the Magnum was available in numerous variants to match virtually any need or budget. All Wheel Drive (AWD) was available, as were two V6 engines and a variety of options, packages and accessories. Look for features like a moonroof, leather seating, navigation, a rear-seat DVD console, automatic climate control and plenty more.

Under the hood was a 2.7 litre V6 with 190 horsepower, as well as a 3.5 liter unit with 250. The 5.7 litre HEMI V8 with cylinder deactivation made a potent 340. All models got automatic transmissions, and AWD was available with either the 3.5 or 5.7 liter



► A 2005 Dodge Magnum

powerplants.

What Owners Like

Magnum's styling, performance, value and flexibility were all rated highly by owners, as was its overall comfort and a built-in sense of attitude. Most folks loved the upgraded Boston Acoustics stereo

system, too. Owners of HEMI-powered Magnums also love the acceleration.

What Owners Hate

Common owner complaints include a "stiff" ride on some models, as well as limited rearward visibility and a "couped up" feeling."

Common issues

Put simply, Magnums powered by the 2.7 litre V6 should be avoided on account of numerous, well-documented complaints regarding engine failure related to an oil-sludge problem. When checking owner forums online, both the 3.5 and 5.7 litre engines appear far more trouble-free.

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2010 Ram 3500 Crew Cab
Laramie 4x2 shown.

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Eric Bana and the Beast

► Aussie star reveals his love affair with all things automotive to Metro

KUMAR SAHA
DRIVE@METRONEWS.CA

Once Eric Bana laid his eyes on the roadrunning Ford Falcon Coupe driven by Mel Gibson in Mad Max, he was hooked.

The Aussie movie star (Star Trek, The Time Traveller's Wife) — only 15 then — persuaded his dad to buy him a 1974 version

Bana's fave car



► "My favourite car would be McLaren F1, which was made back in the early 90s, I think. It's the most quintessential sports car ever."

of the model.

The ensuing love affair with that car is the subject of the Bana's intensely personal documentary Love The Beast, released on DVD yesterday.

The film chronicles not only Bana's fascination for all things automotive, especially race car driving, but also his 30-year journey with his beloved Beast, which he built up with a little help of his friends only to completely wreck it during the challenging Targa Tasmania rally in 2007.

Metro Drive recently chatted with Bana about his life as a dedicated gearhead:

How's the coupe?

It's being repaired and getting ready to be painted. Then I'll start the very slow process of re-assem-



► Eric Bana documents his other life as a race car driver in the film, Love The Beast, out on DVD now.

bling it. It's getting there slowly. I'm hoping to drop it by Christmas time ... put it under the tree.

In the documentary, you say that you wished you'd broken a limb instead of wrecking the car ...

The body heals a lot quicker, doesn't it? (Laughs) It's weird the relationship you have with a racecar. Part of the shock is that you can't believe that you've just crashed it. You swear to yourself that you'll never damage it, which is a stu-

pid idea because when you go to a race you've got a good chance of doing something to it.

Why do you think people get so attached to their car, which is a piece of metal essentially?

It's the horse of our generation. It's only natural that you get attached to it. I think there's definitely an artistic connection as well which can become expression of ourselves. Also, anything you work on you can become attached to.

RENTING OUT THE EXOTICS

Auto Pilot
MIKE GOETZ
DRIVE@METRONEWS.CA



For something snazzier, you'll need to visit rental firms specializing in sports, luxury and exotic machinery. Every big city has one, or several.

I spoke to Marcello Trubiani of Affinity Luxury Car Rentals. The first thing I asked: "How about a Ferrari?"

Turns out they have one, a 360 Modena Spyder, available for \$799 (plus taxes) for 24 hours, or \$2,995 for a three-day weekend, or \$5,999 for a full week.

We now use "sounds expensive" every chance we get.

"I think it's your turn to stack the dishwasher."

"Sounds expensive."

But my main reason for bringing up this commercial is that it reminds us that rental firms have "bigger cars" and sportier cars, and convertibles, and hybrids, and even Ferraris!

The "regular" rental car is quite famous for overwhelming. When taken on long trips, their drivers have been known to stick plastic cutlery in their forearms, for lack of stimulation.

But for a small premium (about 50 bucks a day) you could get yourself into a convertible. All the main rental firms seem to stock ragtop versions of Ford Mustang, Chrysler Sebring, and Toyota Solara.

Other exotics in the Affinity stable include BMW M3, Camaro SS, Corvette C6, Dodge Viper, Lamborghini Gallardo, Porsche GT3, etc.

But Trubiani notes that the current hot rides are the more "reasonably priced" convertibles, such as BMW 3 Series and Mini Cooper.

A big part of the store's business is providing high-end rentals for drivers who have their own high-end cars in the body shop.

But many others grab these cars to treat themselves and for special family occasions.

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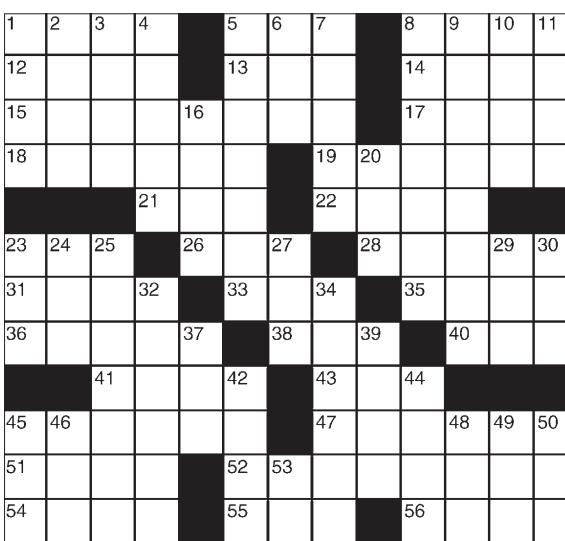
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Crossword

Across
 1 Iodine-rich seaweed
 5 Apple computer
 8 Muscat's land
 12 Enrages
 13 Blond shade
 14 Ill temper
 15 Participate in a lake sport
 17 — gin fizz
 18 Debate topics
 19 Cheated at hide-and-seek
 21 Conk out
 22 Reddish-brown gem
 23 List-ending abbr.
 26 Gist
 28 Palatal pendant
 31 So
 33 In medias —
 35 Tend texts
 36 Publicizes broadly
 38 Year-end abbr.
 40 Witness
 41 Smell
 43 Knock
 45 Permeate (with)
 47 Refer (to)
 51 Campus mil. grp.
 52 Top-40 airings
 54 Dandling site
 55 Exist
 56 Georgia —
 57 Global seven
 58 "Absolutely"
 59 Sandwich treat

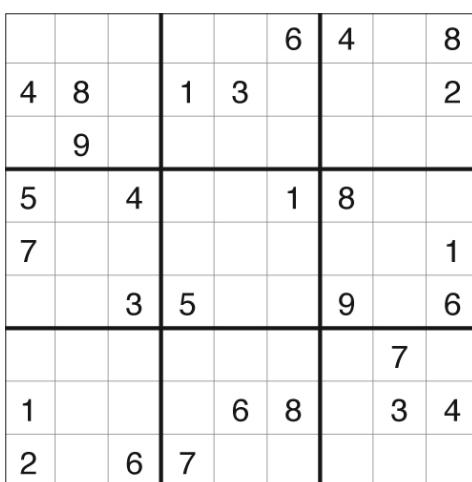
Down
 1 New Zealander
 2 Geological times
 3 Reply to "Shall we?"
 4 Pretender
 5 Rubber?
 6 Request



7 TV police oldie
 8 Watch
 9 Spherical chocolate candies
 10 Lotion additive
 11 Require
 16 Check
 20 Water (French)
 23 Biblical verb suffix
 24 — Neighbor's Wife
 25 Appealing pastime
 27 Foundation
 29 Whopper
 30 Noshed on

32 Leads astray
 34 Siesta shawls
 37 "Mayday!"
 39 Tranquill
 42 Settle a debt
 44 Erstwhile planet
 45 Annoys
 46 Zilch
 48 — friendly
 49 Yahtzee quintet
 50 Reverberate
 53 Raw rock

Sudoku



► Yesterday's answer



How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ►



Today's horoscope

Aries March 21-April 19 There is no point trying to force others to see things your way because if anything it will make them even more determined to take an opposing view. Why should you want people to agree with you anyway?

Taurus April 20-May 21 There's no reason to feel guilty about all the fun you've been having in recent weeks. It may be sad that some of your friends have not been so fortunate but that's life.

Gemini May 22-June 21 Tomorrow you won't lack for confidence. Social occasions and travel plans will go well for you now, so don't sit at home on your own — get out there and wow the world.

Cancer June 22-July 22 You will have to deal with someone who sees things from a different perspective today, but that does not mean you cannot get along.

Leo July 23-Aug. 23 There is no right way or wrong way to deal with a particular situation, so if you feel like taking a different approach then do so. The important thing is that you explain what you are up to so others won't worry about it.

Virgo Aug. 24-Sept. 22 Saturday leaves your birth sign today and no doubt you'll be glad to see the back of it. If you are honest though you will also admit that you've learnt a lot in the past two years — much of it the hard way!

For today's crossword answers and for expanded horoscopes, go to metronews.ca

Libra Sept. 23-Oct. 23 Something you failed to deal with fully a month or two back will return today and this time you will have to see it through to the end. Leaving tasks unfinished is no longer an option.

Scorpio Oct. 24-Nov. 22 Why is your body so restless? Why is your mind jumping all over the place? Whatever the reason you will calm down a bit over the next 24 hours.

Sagittarius Nov. 23-Dec. 21 Sometimes you have to state the obvious for people, even though they should have seen for themselves what the results of their actions were likely to be. Try not to be judgmental though. No one is perfect, not even you.

Capricorn Dec. 22-Jan. 20 Deals and negotiations are under excellent cosmic influences. You must not sell yourself short. You're a star, so make sure you are treated and paid like one.

Aquarius Jan. 21-Feb. 18 You may be justified in hitting back at people who have been speaking about you in less than flattering ways but, really, what is the point? Why not just ignore them.

Pisces Feb. 19-March 20 Saturday moves out of the relationship area of your chart today — and boy are you glad to see it go! You've learnt a lot about yourself in recent months, and even more about other people.

• SALLY BROMPTON



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To K.D.Y., it's almost our second month, just wanted to say that i'm happy being with you and that i love you. **LOTS OF LOVE MELLY**

Nikki-baby and Princess Kell. Since you came into my life three months ago, you have been my daily ray of sunshine. You both light up my life, even on the雨iest days. You two are MY "double rainbow". I'm so proud of you both! **LOVE SCOTTY**

Peter: I was lost before I found you. I knew that you were the one I've been searching for from the moment we met. Never gonna let you go. Happy Happy. Love always!!!! **CATHY XOXO**

I will always love you until my heart stops beating. You complete me! Happy Monthday baby. **TRICIA**

The Weather Network
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Today
 Partly cloudy
 28° / 17°
 70%

Thursday
 Showers
 23° / 17°

Friday
 Showers
 26° / 17°
 40%

Caption contest



ERANGA JAYAWARDENA/THE ASSOCIATED PRESS



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